It is no easy to make a systematic review of what the mourning means. As it happens in Social and Human sciences, the concept finds many and opposed interpretations. In fact, many of the ideas that are related to mourning are the result of the same subjectivity and disagreement. Before starting with the mourning, there is an explanation about the emotions, to help the reader to understand better this natural process. For this reason, they have been taken into account many of the different ways of thinking around this phenomenon. Also the reader has to know that the reflections have been made keeping in mind the Western Society’s idea of death. Because, how the death is understood will influence the response mechanisms in case of loss.

**Materias o Palabras Clave (máximo 5) / Gaiakedohitzgakoak (gehienez 5)**

- Mourning
- subjectivity
- emotions
- western society
- loss
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