Despite nowadays medicine is more advanced than ever, there are still two avoidable illnesses which end up with millions of lives every year. They are Malaria and Malnutrition and throughout this paper we will review the impact of each of them in two of the poorest regions in the world: Sub Saharan Africa and Central America. The considered time period for the research is 2005 to 2014 both included, so it is possible to evaluate the influence of the economic crisis along the decade. This project compares donations given to each region to fight against the illnesses versus their incidence on the population, and analyses if the bulk of donations are oriented to end up with the most lethal disease in each region.