The mentally ill people have been stigmatized all throughout history. This stigmatization reached its highest type in the social isolation and institutionalization of the mentally ill people in the insane asylum. Since the second decade of the XX century and due to the therapies development, the pharmacological treatments and thanks to a higher awareness of the professionals, new health policies in favor of these sick people’s rights, started to grow. The policy called “Open Door” meant to open the insane asylum and Day Hospitals became to be a very good option. In 2013, the Psychogeriatrics Day Hospital in Pamplona was inaugurated. It turned to be a necessary human resource and an important place to deal with this vulnerable group of old sick people and treat them with excellence. However, the lack of information, ignorance or even some prejudices prevent to exploit this resource to the maximum. The main point of my Final Degree Project is to carry out an “Improvement Plan” based on the data capture and data broadcasting of the experiences, expectations and level of satisfaction of the users of the mental hospital, which encourage other old patients to be treated from their mental disorder too.