

SUPPLEMENTARY TABLE 1. BASELINE CHARACTERISTICS OF INCLUDED vs. NOT-INCLUDED SUBJECTS

	Included n= 1679	Not included n= 809	Between groups differences (p-value)	
Age, mean (SD)	74.94 (5.06)	77.34 (7.29)	<0.001	No. and by test Consistent;
Men, No. (%)	701 (41.74)	391 (48.33)	<0.001	
BMI, mean (SD), kg.m ⁻²	29.4 (4.7)	28.92 (5.39)	<0.05	
Current smoker, No. (%)	472 (28.11)	278 (34.36)	<0.01	
BADL disability, No. (%)	267 (15.9)	237 (30.58)	<0.001	
MMSE score, mean (SD)	23.8 (5.07)	21.26 (7.92)	<0.001	
Charlson Index, mean (SD)	1.05 (1.55)	1.49 (1.92)	<0.001	
Depression (GDS ≥ 5), No. (%)	251 (16.8)	148 (22.35)	<0.001	
PASE score, mean (SD)	73.6 (46.85)	52.33 (47.78)	<0.001	
Δ in PASE, mean (SD)	-2.25 (12.24)	-1.19 (8.94)	<0.001	

Data are presented as mean (SD) or (%). Significant differences between men and women group were analyzed by Student's t- or Chi² test.

HPAC: High PA-MPAMD: Moderate PA-Mildly Decreasing; MPAC: Moderate PA-Consistent; LPAD: Low PA-Decreasing; LPAI: Low-PA Increasing; BMI: Body Mass Index; BADL: Basic Activities of Daily Living; MMSE: Mini-Mental State Examination; GDS: Geriatric Depression Scale; PASE: Physical Activity Scale for the Elderly. Δ: Change.