

1        **Effect of sodium hexametaphosphate on heat-induced**  
2                    **changes in micellar casein isolate solutions**

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15 **Abstract**

16 Micellar casein isolate (MCI) solutions (9%, w/w, casein; pH 6.7) containing 0, 12 or  
17 24 mEq L<sup>-1</sup> sodium hexametaphosphate (SHMP) were subject to three different  
18 thermal treatments: in-container sterilization (121°C for 8 min) and two different  
19 continuous flow sterilization treatments (124°C for 5 min and 140°C for 5.8 s). Samples  
20 were analyzed after 1-60 d storage at 20 and 40°C for pH, calcium ion activity, turbidity,  
21 particle size, viscosity and protein and mineral distribution. SHMP-induced casein  
22 micelle disruption in untreated samples was apparent from reductions in turbidity,  
23 particle size and increases in sedimentable caseins and calcium, and from strong  
24 increases in viscosity. After heating, the pH and viscosity decreased strongly due to  
25 the heat-induced hydrolysis of SHMP. SHMP altered casein micelle structure, but  
26 during heat treatment and storage, samples with SHMP showed good stability.

27

28

29 **Keywords**

30 Calcium sequestrants; heat-treatments; sodium hexametaphosphate; micellar casein

31

## 32 **1. Introduction**

33 Milk protein concentrates can be used to prepare protein beverages with specific  
34 functionalities and applications such as medical nutrition and sports performance  
35 drinks (Özer & Kirmaci, 2010). To ensure their microbial quality and extend the shelf-  
36 life, these beverages are often subjected to intense heat treatments such as ultra-high  
37 temperature (UHT) or retorting (Renhe, Indris & Corredig, 2018). However, it is key to  
38 ensure their stability during the heat treatment and also prevent destabilization during  
39 storage, e.g., in the form of gelation and sedimentation phenomena, e.g., through the  
40 interaction between calcium, caseins and whey proteins (Anema, 2019).

41

42 Due to their good functional properties such as heat stability and excellent nutritional  
43 quality, the use of micellar casein isolate (MCI) for high-protein beverage manufacture  
44 has increased (McSweeney, O'Mahony, & McCarthy, 2021; Sauer & Moraru, 2012).  
45 This is mainly due to the fact that casein micelles are more stable against thermal  
46 treatments compared to whey proteins, which denature at temperature  $>70^{\circ}\text{C}$ .  
47 Nevertheless, depending on the intensity of the treatment, several changes can occur  
48 affecting the physicochemical properties of milk systems, mainly due to changes in the  
49 different equilibria that exist in milk solutions (Huppertz, 2016). For example, some  
50 heat-induced changes can be (partially) irreversible after intensive heat treatment; e.g.,  
51 micellar calcium phosphate (MCP) becomes more insoluble (Pouliot, Boulet, & Paquin,  
52 1989; Pouliot & Paquin, 1989). Also, during heating the phosphoserine residues can  
53 hydrolyze, lactose can be degraded and dissociation of  $\kappa$ -casein ( $\kappa$ -CN) can occur  
54 (Gaucheron, 2005).

55

56 Calcium sequestering agents are widely used in the dairy industry and play an  
57 important role in increasing the heat stability of milk systems as well as to modify  
58 certain parameters of milk solutions to improve their technological properties. For  
59 example, calcium sequestering salts are used in processed cheese manufacture to  
60 improve the emulsification of the cheese melt (Kapoor & Metzger, 2008). In addition,  
61 calcium sequestering agents can be added to milk systems to reduce fouling of heat  
62 exchangers surfaces during severe heat treatments such as UHT treatment (Prakash,  
63 Datta, Lewis & Deeth, 2007; Scudeller et al., 2021).

64

65 However, not all calcium sequestering agents act in the same way in their ability to  
66 bind calcium (De Kort et al., 2009) and their capacity to interact with calcium ions and  
67 proteins of the casein micelle (Mizuno & Lucey, 2007). Sodium hexametaphosphate  
68 (SHMP) is known as a good calcium chelating salt, but strongly affects the milk system;  
69 it can sequester calcium ions and also bind to positively charged amino acids of the  
70 casein micelle, altering the mineral equilibria and depending on the concentration,  
71 promoting disruption of the micelles (Anema, 2015; De Kort, Minor, Snoeren, Van  
72 Hooijdonk & Van der Linden, 2011; Mizuno & Lucey, 2005).

73

74 Some previous studies (De Kort, Minor, Snoeren, Van Hooijdonk, & Van der Linden,  
75 2012; Pandalaneni, Amamcharla, Marella, & Metzger, 2018; Renhe et al., 2018) have  
76 evaluated the heat stability of milk systems with added calcium sequestering salts by  
77 the heat coagulation test, which, in general terms, is quite subjective (Dumpler,  
78 Huppertz, & Kulozik, 2020). However, no studies have been carried out with MCI  
79 solutions subjected to in-container or continuous sterilization, mimicking the industrial  
80 conditions. In addition, to our knowledge, the stability over time of these heated MCI

81 systems has not been yet studied. Thus, the objective of this research was to study  
82 the heat-induced changes of in-container and continues sterilization treatments on a  
83 micelle casein isolate solution at 9% of casein content with 0, 12, and 24 mEq L<sup>-1</sup> of  
84 added sodium hexametaphosphate and to evaluate changes in physicochemical  
85 properties for up to 60 d at 20 and 40°C, including changes in pH, mineral and protein  
86 equilibria, turbidity, particle size and viscosity.

87 **2. Material and Methods**

88 **2.1. Sample preparation**

89 MCI retentate was obtained from FrieslandCampina (Lochem, The Netherlands). The  
90 composition was: total solids 18%, total protein 16%, casein content 14.5%, lactose  
91 content < 0.5%, fat content < 0.5%. A MCI solution of 9% of casein content was  
92 prepared by diluting the MCI retentate with the required amount of demineralized water  
93 at room temperature. Hereafter, different amounts of stock solution of sodium  
94 hexametaphosphate (Sigma-Aldrich GmbH, Germany) were added to reach the final  
95 SHMP concentration: 0, 12 and 24 mEq L<sup>-1</sup>. Before the heat treatment, the pH was  
96 adjusted to 6.70 ± 0.05 using 0.1 M HCl or NaOH.

97

98 **2.2. Heat treatments**

99 Samples with and without added SHMP were thermally treated at three different  
100 conditions. For in-container sterilization, glass bottles of 100 mL were filled with the  
101 samples and closed with a tight screw cap. The bottles were introduced in the  
102 autoclave (Zirbus 160-5-170; Zirbus Technology GmbH, Bad Grund, Germany) and  
103 treated at 121°C for 8 minutes. For continuous-flow sterilization two different  
104 temperature-time combinations were selected: 124°C for 5 min and 140°C for 5.8 s.  
105 Both treatments were carried out in a HTST/UHT unit (OMVE HT220 HTST/UHT  
106 System; OMVE, Utrecht, The Netherlands) equipped with a tubular heat exchanger  
107 system. The treated-samples were rapidly chilled to room temperature in the heat  
108 exchanger and then outflow was filled into sterile 180 mL PP containers (Gosselin  
109 Corning, France) leaving a headspace under a positive laminar flow hood to avoid  
110 environmental contamination. Subsequently, all heated samples were stored at 20 and

111 40°C and were analyzed after 1, 7, 14, 30 and 60 d of storage. At each day of storage,  
112 a separate sample container was used.

113

### 114 **2.3. pH and calcium ion activity**

115 pH was measured at 25°C using a pH meter calibrated with buffer solutions at pH 4.0,  
116 7.0 and 9.0. The calcium ion activity was measured using a calcium-ion-selective  
117 electrode (Sension +9660C; Hach, Loveland, CO, USA) as described by Crowley et  
118 al. (2014).

119

### 120 **2.4. Mineral and protein distributions**

121 To separate the non-sedimentable and sedimentable fractions of the samples, the  
122 samples were first diluted 3-fold with demineralized water and subsequently  
123 centrifuged at 100.000 x g for 1 h at 20°C using an Avanti JXN-30 ultracentrifuge  
124 (Beckman Coulter, Indianapolis, IN, USA) with a swinging-bucket rotor (JS-24.38;  
125 Beckman Coulter). Pellet and supernatant were separated by decanting.

126

127 The content of Ca in the whole samples and the ultracentrifugal supernatants were  
128 determined by ICP-AES as described by Crujisen, Poitevin & Brunelle (2019). The  
129 protein composition of the whole sample and the ultracentrifugal supernatants was  
130 determined by RP-HPLC using a method adapted from Visser, Slangen and Rollema  
131 (1991). Values for Ca and individual caseins ( $\kappa$ -casein:  $\kappa$ -CN;  $\beta$ -casein:  $\beta$ -CN;  $\alpha_{s1}$ - +  
132  $\alpha_{s2}$ -casein, hereafter denoted as  $\alpha_s$ -CN) in the ultracentrifugal were expressed as a  
133 percentage of their concentration in the whole sample.

134

135 **2.5. Turbidity and particle size**

136 The absorbance of the samples was measured at 600 nm at room temperature  
137 following 10 or 100-fold dilution with demineralized water to be within the linear range  
138 of the spectrophotometer. Reported values are corrected for the dilution. Particle size  
139 of samples diluted 100-fold with demineralized water was analyzed in triplicate by  
140 dynamic light scattering using a Zetasizer Nano (Malvern Instruments, Malvern, UK)  
141 at 25°C at a scattering angle of 173°. Values are expressed as a Z-average  
142 hydrodynamic diameter (in nm).

143

144 **2.6. Viscosity**

145 The viscosity of the undiluted samples was measured at 20°C with a Discovery hybrid  
146 rheometer HR-2 (TA Instruments, New Castle, DE, USA) using a cup and bob  
147 geometry. Samples were conditioned at 20°C for 120 s, followed by 0.1 s<sup>-1</sup> for 60 s 0.1  
148 to 1000 s<sup>-1</sup> over 300 s, 1000 to 0.1 over 300 s, and finally at 0.1 s<sup>-1</sup> for 60 s. Data points  
149 were collected each 5 s. Viscosity results presented are at a shear rate of 100 s<sup>-1</sup> in  
150 the upward curve.



151 **3. Results**

152 **3.1. Influence of sodium hexametaphosphate addition on the heat-induced**  
153 **changes in pH and mineral and protein equilibria in micellar casein isolate**  
154 **solutions**

155 The effect of heating and subsequent storage on the pH of MCI solutions with 0, 12 or  
156 24 mEq L<sup>-1</sup> SHMP is shown in **Fig. 1**. The pH of the samples without SHMP were  
157 largely unaffected by heat treatments and also showed little change during subsequent  
158 storage at 20 or 40°C. In contrast, for samples with added SHMP notable reductions  
159 in pH were observed after the three different heat treatments. The in-container  
160 sterilization (8 min at 121°C) caused the largest reductions in pH, by ~0.2 and ~0.3 pH  
161 units for samples containing 12 and 24 mEq SHMP L<sup>-1</sup>, respectively (**Fig. 1**). This is  
162 consistent with results from De Kort et al. (2012), who observed an even stronger  
163 decreases in pH (by ~0.5 pH units) in reconstituted MCI with added SHMP (15 mEq  
164 L<sup>-1</sup>) after subjecting the samples to a more extensive retort treatment, at 126°C for 15  
165 min. In addition, the larger heat-induced decrease in pH in samples with higher  
166 concentrations of added SHMP (**Fig. 1**) was in agreement with Tsioulpas, Koliandris,  
167 Grandison and Lewis (2010). This strong heat-induced reduction of pH in samples with  
168 added SMHP may be attributed to heat-induced hydrolysis of SHMP at high  
169 temperatures. Rulliere, Perenes, Senocq, Dodi and Marchesseau (2012) reported that  
170 the hydrolysis of SHMP occurred at temperatures above 120°C, an effect which was  
171 enhanced by the presence of calcium. De Kort et al. (2012), indicated that SHMP was  
172 hydrolyzed during heating into sodium trimetaphosphate and sodium orthophosphate,  
173 and H<sup>+</sup> ions are liberated, decreasing the pH of the solution, which is consistent with  
174 results in **Fig. 1**. In our studies, seems that the drop in pH was more dependent on the  
175 duration of the treatment as the in-container treatment was the one that showed the

176 biggest changes. The continuous treatments were done at higher temperatures, but  
177 their shorter holding times and faster heating and cooling rates, compared to in-  
178 container sterilization were likely not enough to promote the same level of hydrolysis  
179 of SHMP.

180

181 The heat-treated samples showed only limited changes in pH (typically no larger than  
182 0.1 pH unit) during storage for up to 60 d 20 and 40°C (**Fig. 1**). Samples stored at  
183 40°C showed a slightly lower pH than samples stored at 20°C (**Fig. 1**), which is  
184 coincident with other studies (Gaucher, Mollé, Gagnaire & Gaucheron, 2008) that  
185 evaluated the influence of the storage temperature on the evolution of the pH in UHT-  
186 treated milk. The small changes in pH during storage may be attributable to some  
187 (re-)equilibration of the salt balance in samples.

188

189 The addition of SHMP to unheated samples strongly reduced the calcium ion activity  
190 (data not shown), in line with previous studies (De Kort et al., 2011), presumably due  
191 to the calcium-sequestering effect of the SHMP. The heat treatments and subsequent  
192 storage had little further effect on the calcium ion activity compared to the effect of  
193 SHMP addition with only small changes in Ca-ion activity observed (data not shown).

194

195 Non-sedimentable calcium in the unheated samples without SHMP was ~21% of total  
196 Ca. After heating, a small decrease in non-sedimentable Ca was observed for the in-  
197 container sterilized samples and the samples treated at 124°C for 5 min, but no  
198 notable changes were observed for the samples heated at 140°C for 5.8 s (**Fig. 2**).  
199 These reductions in non-sedimentable Ca are likely due to the heat-induced  
200 precipitation of calcium phosphate, thus, increasing the amount of sedimentable Ca

201 (Nieuwenhuijse & Huppertz, 2022). This is agreement with the results obtained for the  
202 slight decrease in pH observed for the in-container sterilized samples without SHMP  
203 **(Fig. 1A)**.

204

205 For the unheated samples, the non-sedimentable calcium increased with increasing  
206 concentration of added SHMP salt, from 21% (0 mEq L<sup>-1</sup>) to 33 (12 mEq L<sup>-1</sup>) and 67%  
207 (24 mEq L<sup>-1</sup>) of total Ca. The heat-treatments promoted only small changes in the  
208 amount of non-sedimentable calcium, except from the in-container sterilized sample  
209 with 24 mEq L<sup>-1</sup>, which showed a reduction from 67% to ~47%. This result is coincident  
210 with the results obtained by Hardy, Muir, Sweetsur and West (1984). It seems that the  
211 duration of the treatment influenced again the changes in the mineral distribution,  
212 which could explain the differences observed between in-container and the continuous  
213 sterilization treatments. The amount of non-sedimentable calcium in stored samples  
214 **(Fig. 2)** at 20°C practically did not vary during the storage time for all the treatments  
215 and concentrations, even in the samples without SHMP. At 40°C, a decrease was  
216 observed in the samples with 24 mEq L<sup>-1</sup>, which showed a notable reduction of non-  
217 sedimentable calcium **(Fig. 2B, 2D and 2F)**.

218

219  $\kappa$ -CN **(Fig. 3)**,  $\beta$ -CN **(Fig. 4)** and  $\alpha_s$ -CN **(Fig. 5)** were solubilized as a result of the  
220 addition of SHMP, with  $\kappa$ -CN the most affected one followed by  $\beta$ -CN and  $\alpha_s$ -CN. This  
221 is consistent with the results of Anema (2015), who pointed out that the level of the  
222 dissociated caseins upon the addition of SHMP was inversely related to their content  
223 in phosphoserine residues, suggesting that the dissociation may be caused by the  
224 solubilization of or changes in the MCP induced by SHMP. On the other hand, the  
225 thermal treatments decreased the levels of non-sedimentable caseins **(Fig. 3-5)**. This

226 effect was stronger for the in-container treated samples, showing considerable  
227 reductions in non-sedimentable casein, especially for the solutions with 24 mEq L<sup>-1</sup>.  
228 The continuous-flow treatment for 5.8 s at 140°C induced notably smaller changes in  
229 non-sedimentable caseins (**Fig. 3-5**). The results suggested that new aggregates were  
230 likely formed, observed by the decrease of non-sedimentable caseins and increase in  
231 turbidity (**Fig. 6**) and particle size (**Fig. 7**), results that will be discussed further in  
232 Section 3.2. The casein distributions showed different variations during storage.  $\kappa$ -CN  
233 (**Fig. 3**) which was the protein most affected by SHMP and the heat treatments,  
234 solubilized during the eight weeks of the study, for all the heat treatments, SHMP  
235 concentrations, and storage temperatures. For  $\beta$ -CN and  $\alpha_s$ -CN (**Fig. 4** and **5**,  
236 respectively) the samples treated by continuous sterilization showed more instability,  
237 concretely for the samples with SHMP stored at 40°C, in which important reductions  
238 in the amount of non-sedimentable protein was observed, as well as lower values of  
239 non-sedimentable CNs when compared with their counterparts stored at 20°C.

240

### 241 ***3.2. Effect of heat treatment and sodium hexametaphosphate addition on*** 242 ***physicochemical properties of micellar casein isolate***

243 The changes in turbidity and particle size in the samples are shown in **Fig. 6** and **7**,  
244 respectively. The turbidity of casein micelle suspensions is usually a reliable indicator  
245 of the integrity of the micelles, as they are responsible for the light scattering (Anema  
246 & Klostermeyer, 1997; Kaliappan & Lucey, 2011). In-container sterilization reduced  
247 the absorbance of samples without SHMP by ~15% (**Fig. 6A**). However, the  
248 continuous-flow sterilization induced smaller reductions in the turbidity of the solutions  
249 without added SHMP. SHMP addition reduced turbidity by ~30% at 12 mEq L<sup>-1</sup>, and  
250 almost 90% for 24 mEq L<sup>-1</sup>, in line with previous reports by others (McCarthy et al.,

251 2017; Pandalaneni et al., 2018), and in concordance with the other results reported in  
252 this study, which likely indicate that the micelle has been (partially) disrupted in  
253 presence of SHMP. For the samples with added SHMP, some heat-induced changes  
254 in turbidity were observed, which were most noticeable at 24 mEq L<sup>-1</sup>. At this  
255 concentration of SHMP, an increase in turbidity was observed after the heat  
256 treatments, especially for the in-container sterilization, which may be attributed to  
257 calcium-induced protein aggregation (De Kort et al., 2012), but also to the transfer of  
258 minerals from the continuous phase to the colloidal state, that has been previously  
259 suggested (Hardy et al., 1984). The turbidity tended to decrease slightly for the heated  
260 samples when stored at 20°C (**Fig. 6A, C and E**), whereas at 40°C, small increases  
261 were observed (**Fig. 6B, D and F**).

262

263 The particle size of the solutions was affected by the addition of SHMP and also by  
264 the treatments (**Fig. 7**). Adding 12 mEq L<sup>-1</sup> SHMP did not affect particle size, but  
265 adding 24 mEq L<sup>-1</sup> reduced it by ~20 nm. For samples without added SHMP, a small  
266 reduction in particle size was observed after heating, most notably for the sample  
267 treated at 140°C for 5.8 s. For samples with added SHMP, heat-induced reductions in  
268 particle size were notably larger, particularly at the higher concentration of added  
269 SHMP. Such effects were particularly noticeable for the continuous-flow treatments,  
270 indicating that a shear during continuous flow sterilization may be a contributing factor  
271 to particle size reductions. Particle size remained constant during storage (**Fig. 7**).

272

### 273 ***3.3. Heat-induced changes of SHMP on the viscosity of MCI***

274 The viscosity was strongly affected by the thermal treatments and by the addition of  
275 SHMP. The initial viscosity of the untreated sample without SHMP was ~7 mPa.s.

276 When the SHMP was added, a strong increase was observed, being 28 mPa.s at 12  
277 mEq L<sup>-1</sup>, and 105 mPa.s at 24 mEq L<sup>-1</sup> (**Fig. 8**). This effect was also reported by other  
278 authors (De Kort et al., 2012), who stated that probably an effect of swelling of the  
279 micelles in addition to an effect of cross-linking of SHMP was produced, increasing the  
280 viscosity to this high extent. In contrast, the heat treatments reduced the viscosity for  
281 all the samples and all the concentrations and nearly completely reversed the initial  
282 SHMP-induced increase in viscosity (**Fig. 8**). The strongest reduction was observed  
283 in the thermal processed samples with added SHMP. The viscosity was reduced by  
284 75% and 90% of the initial value of the untreated samples with 12 and 24 mEq L<sup>-1</sup>  
285 SHMP, respectively. The heat-induced hydrolysis of SHMP was probably the main  
286 cause of this reduction in viscosity, as suggested for the reductions in pH (**Fig. 1**). It is  
287 likely that the formed network was broken down and the linked-SHMP was released  
288 from the caseins. This effect was contrary to that observed in studies by Renhe et al.  
289 (2018), carried out with citrate, orthophosphate and a mixture thereof, who observed  
290 that the viscosity increased after heat treatment. However, this difference can be  
291 attributed to the type of salts used in their study, which differ from the polyphosphate  
292 used in our research.

293

294 Concerning the evolution of the viscosity during storage, very small changes were  
295 observed (**Fig. 8**), showing high stability after the heat treatments, even in the samples  
296 with SHMP. Without SHMP, the viscosity of the samples did not vary, which was  
297 around 5 mPa at both temperatures of storage. In presence of the sequestering salt,  
298 only small variations in the viscosity were detected, with practically no storage  
299 temperature effect observed.

#### 300 **4. Discussion**

301 Previous studies (De Kort et al., 2009; Kaliappan & Lucey, 2011; Mizuno & Lucey,  
302 2007) have demonstrated that calcium sequestrants such as citrate, EDTA,  
303 pyrophosphates, polyphosphates have an important impact in the structure of the  
304 micelle, which effect differ considerably depending on their composition, concentration  
305 of the added salt, and the ionic environment, the pH, as well as the protein  
306 concentration of the solution. SHMP is a polyphosphate that has a strong capacity to  
307 bind calcium. When it is added to milk, which is already supersaturated with calcium  
308 phosphate (Lucey & Horne, 2009), it binds ionic calcium but also has the ability to  
309 interact with the caseins in the micelle.

310

311 In addition, it has been established that SHMP alters the mineral equilibria of the milk  
312 solutions, and induces the micelle disruption, promoting several physicochemical  
313 changes in the solution where it was added (Mekmene, Le Graët & Gaucheron, 2009).  
314 SHMP sequesters free calcium ions from the serum phase, reducing its concentration,  
315 and therefore, reducing the calcium ion activity of the solution. As a consequence, the  
316 MCP dissolves and the micellar structure is disrupted, also releasing caseins from the  
317 micelle. This promotes the modification of the turbidity (**Fig. 6**) and particle size  
318 parameters (**Fig. 7**). When the micellar structure is disrupted, the micelles dissociate  
319 into smaller structures, reducing their particle size (McCarthy et al., 2017) and  
320 decreasing the turbidity of the solutions (**Fig. 6**). These changes are directly linked to  
321 increasing amounts of Ca (**Fig. 2**), and caseins (**Fig. 3, 4, 5**) in the non-sedimentable  
322 fraction, and parallel to a strong increase in viscosity (**Fig. 8**). Power, Fenelon,  
323 O'Mahony & McCarthy (2019) demonstrated that the phosphoserine residues of the  
324 caseins played an important role in the increase of the viscosity in milk solutions in

325 presence of SHMP. This can indicate that SHMP bound to caseins involving the  
326 phosphoserine residues of the phosphorylated caseins, forming a kind of network  
327 between proteins and SHMP. Is important to point out that caseins link with MCP via  
328 their SerP present in their sequences, so it is likely that calcium is involved in the  
329 SHMP formed network. However, despite of the extensive research carried out by  
330 other authors (Anema, 2015; Vujicic, DeMan & Woodrow, 1968), this mechanism of  
331 how SHMP binds to caseins remains unclear.

332

333 Heating the MCI solutions with added SHMP promoted numerous changes that were  
334 mainly attributed to the heat-induced hydrolysis of SHMP. The hydrolysis of SHMP  
335 induced to a liberation of H<sup>+</sup>, reducing the pH (**Fig. 1**), and the transformation of the  
336 polyphosphate into orthophosphate and trimetaphosphate (De Kort et al., 2012). In  
337 addition, the formed network between SHMP and caseins was broken down due to  
338 the hydrolysis, which is reflected in the strong decrease of the viscosity after the heat  
339 treatment (**Fig. 8**). The differences observed between the heat treatments are mainly  
340 attributed to the duration of the heating. Thus, in-container sterilized samples showed  
341 the biggest changes in pH, calcium ion activity, turbidity, non-sedimentable Ca and  
342 viscosity, and the samples treated at 140°C for 5.8 s were the least affected, except  
343 for the particle size. In addition, the amount of added SHMP also influenced the heat-  
344 induced changes. With 24 mEq L<sup>-1</sup> the modifications observed in the studied  
345 physicochemical properties were markedly higher in comparison with 12 mEq L<sup>-1</sup>. The  
346 biggest changes were observed one day after the heat treatments and then, in general  
347 terms, the samples were quite stable over time at both storage temperatures: 20 and  
348 40°C during the eight weeks of this study, and small variations were observed in the  
349 physicochemical properties of the studied solutions.



350 **5. Conclusions**

351 SHMP promoted important changes in the physicochemical parameters of MCI  
352 solutions, essentially due to the shifts in the mineral equilibria and casein micelle  
353 disruption. Heat treatment also affected the studied parameters: the pH dropped under  
354 heating as well as a strong reduction in viscosity. When SHMP was added to the  
355 solutions a network was created between SHMP and caseins, but during heating,  
356 SHMP is hydrolyzed and the network is broken down, dropping the pH due to the  
357 liberation of H<sup>+</sup> to the solution and sharply reducing the viscosity. Throughout eight  
358 weeks of storage, limited variations in the studied parameters were observed in MCI  
359 solutions with SHMP, but in general terms, samples showed good stability when stored  
360 at 20 but also at 40°C, with no gelation or sedimentation phenomena observed during  
361 the storage time. Overall, SHMP strongly affected the micelle structure, but the  
362 induced changes did not show a detriment to the stability when compared with the  
363 samples without the salt. These results indicated that the use of SHMP in dairy  
364 solutions allow control of stability during processing and storage. These findings  
365 provide the dairy industry with a better understanding of the effect of SHMP on the  
366 MCI solutions that are subjected to severe heat treatments like continuous-flow or in-  
367 container sterilization, which are commonly used in the manufacture of numerous dairy  
368 beverages.

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377 **Conflict of interest**

378 The authors declare that they have no known competing financial interests or personal  
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380

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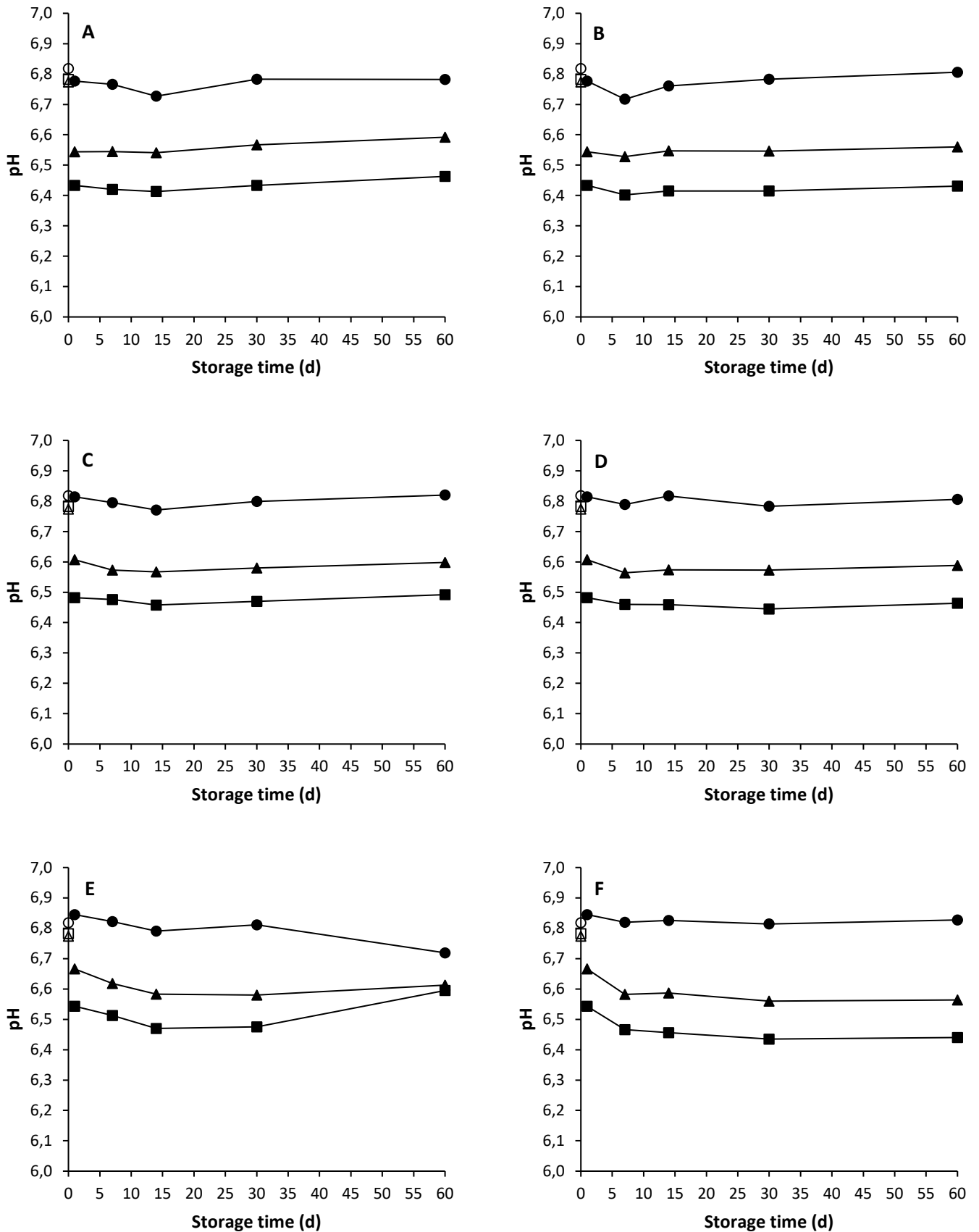
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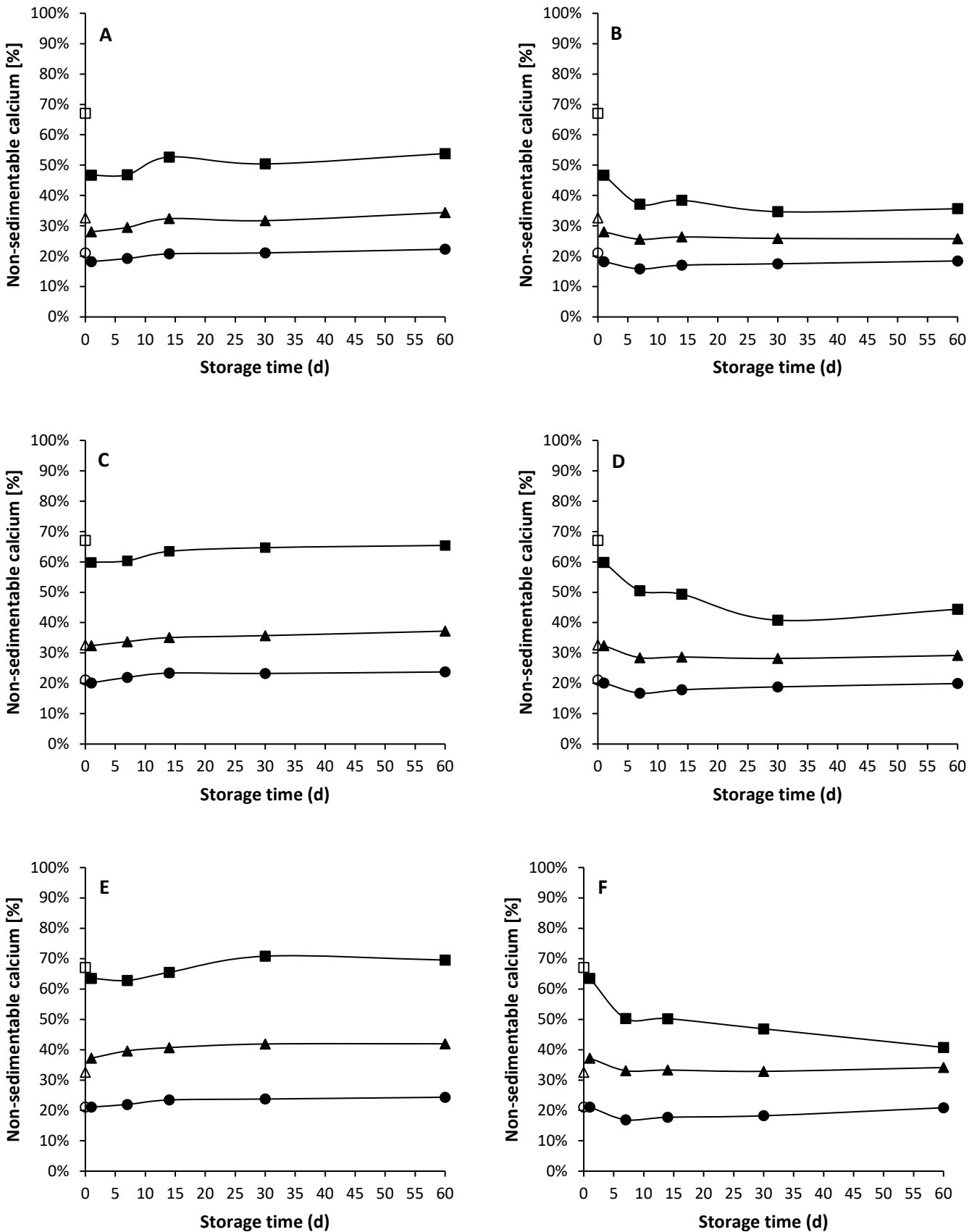
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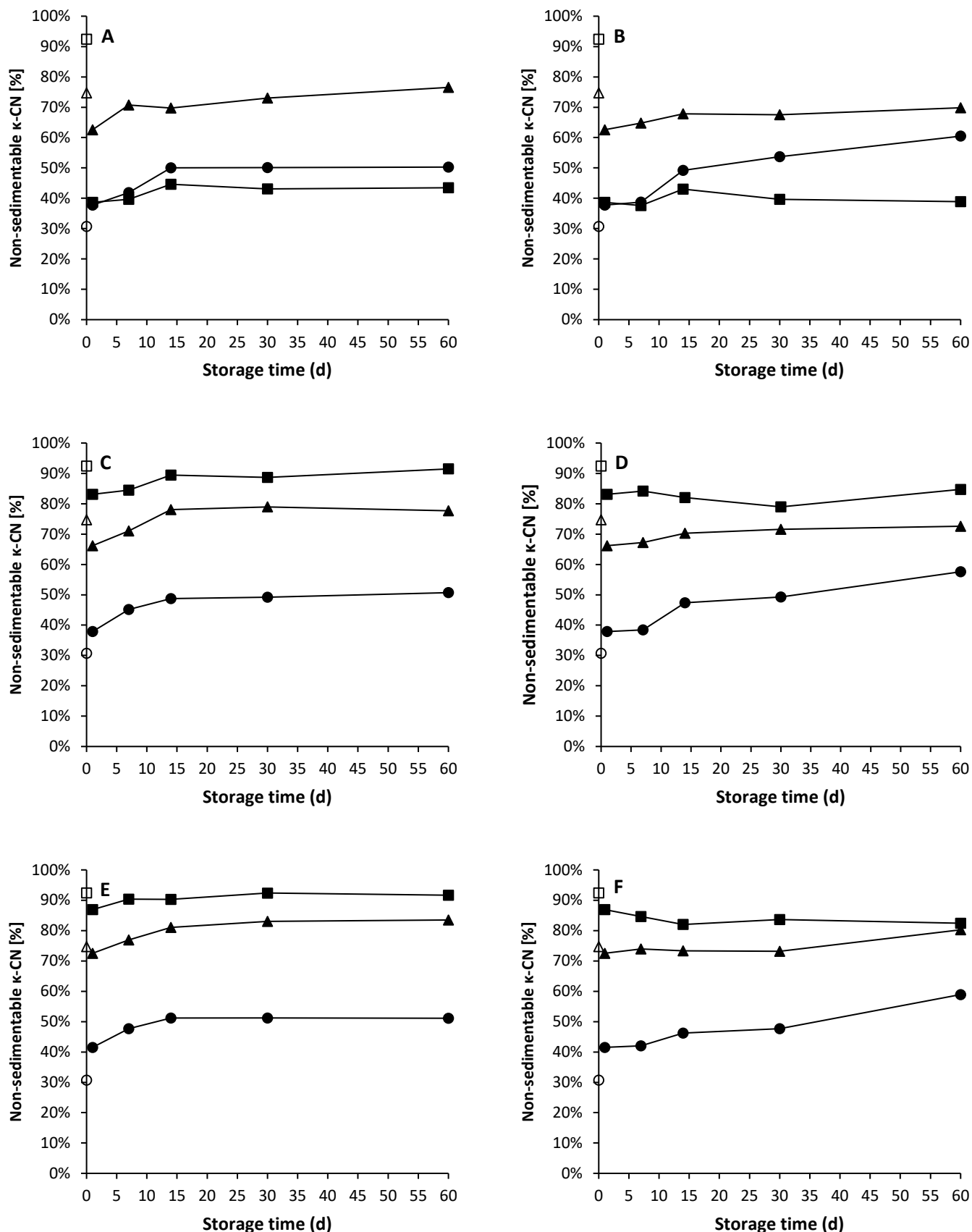




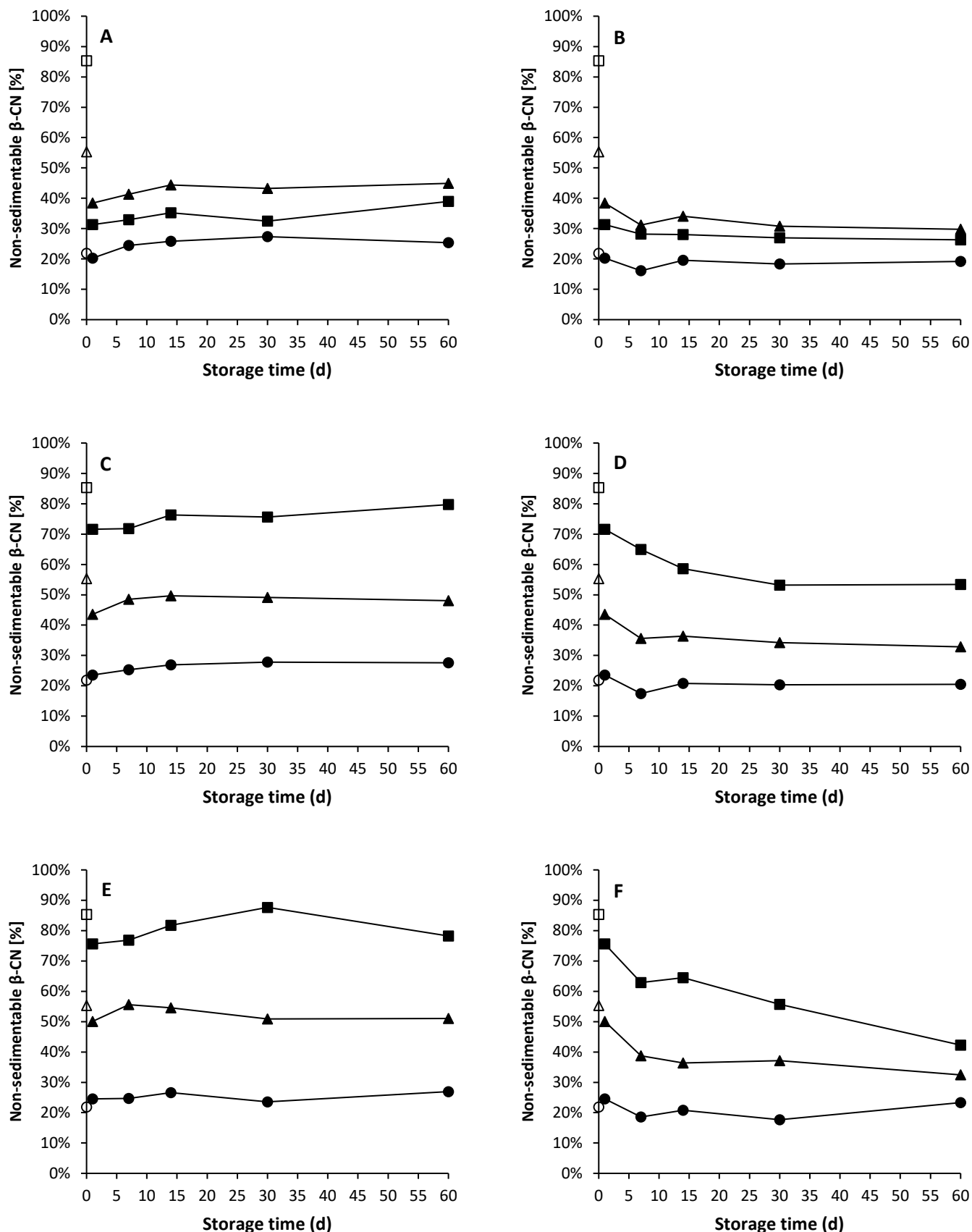
**Fig. 1.** Influence of in-container sterilization (121 °C for 8 min; A, B) or continuous-flow sterilization treatment at 124 °C for 5 min (C, D) or 140 °C for 5.8 s (E, F) and subsequent storage for up to 60 d at 20°C (A, C, E) or 40°C (B, D, F) on the pH of 9% MCl solutions containing 0 (●), 12 (▲) and 24 (■) mEq L<sup>-1</sup> of added sodium hexametaphosphate (SHMP). Open symbols correspond to pH before heat treatments.



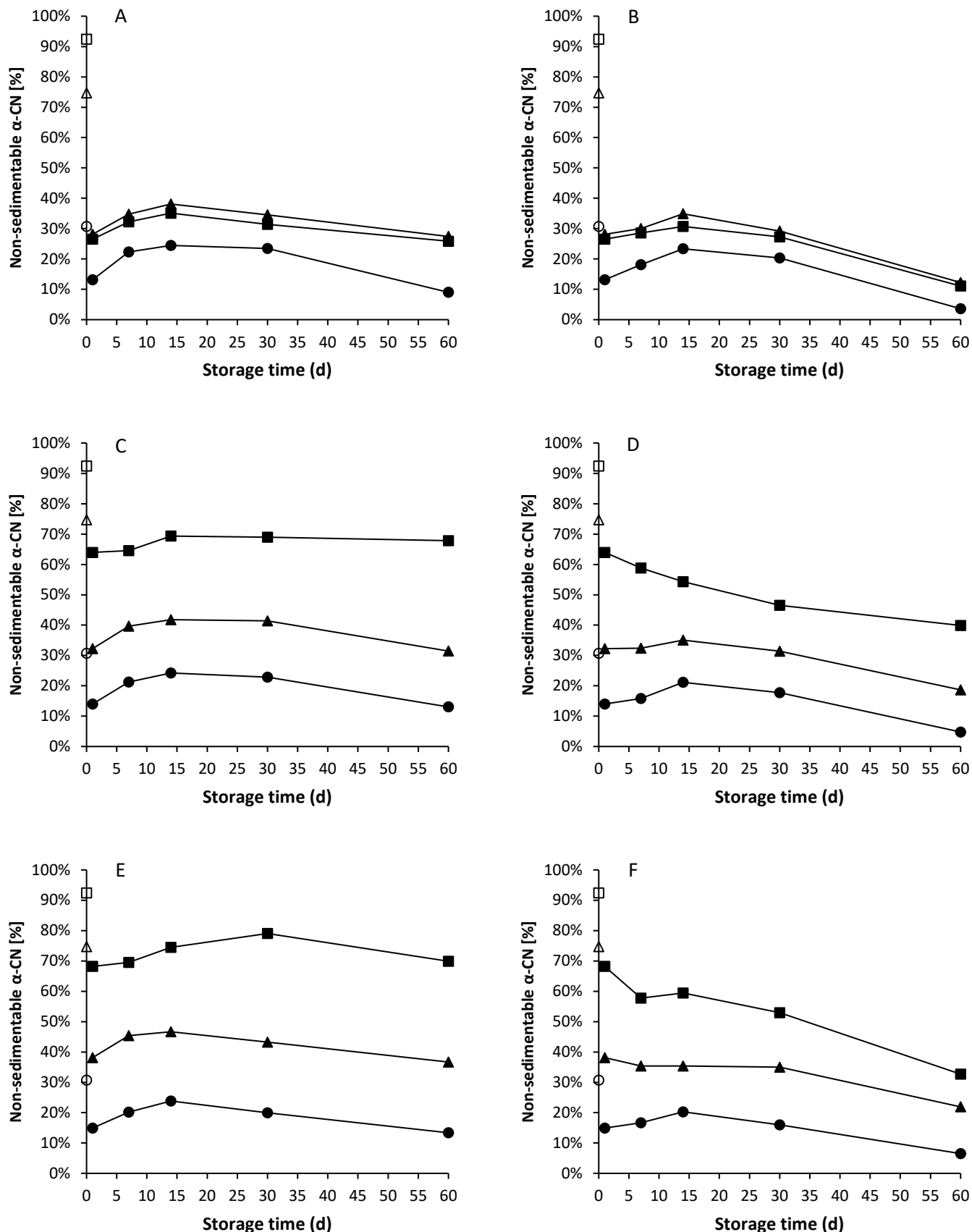
**Fig. 2.** Influence of in-container sterilization (121 °C for 8 min; A, B) or continuous-flow sterilization treatment at 124 °C for 5 min (C, D) or 140 °C for 5.8 s (E, F) and subsequent storage for up to 60 d at 20 °C (A, C, E) or 40 °C (B, D, F) on non-sedimentable calcium (expressed as percentage of total calcium) of 9% MCI solutions containing 0 (●), 12 (▲) and 24 (■) mEq L<sup>-1</sup> of added sodium hexametaphosphate (SHMP). Open symbols correspond to non-sedimentable calcium before heat treatments.



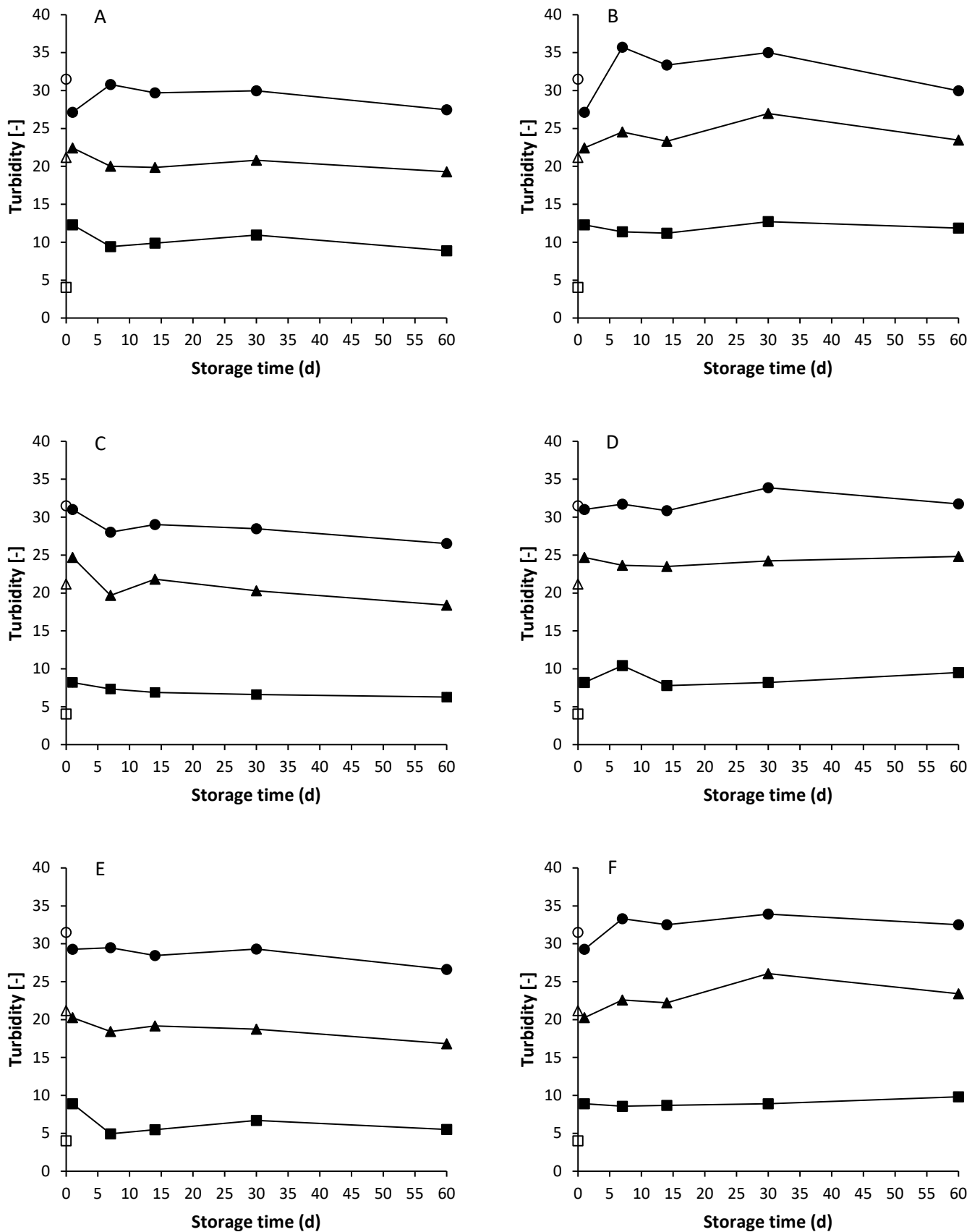
**Fig. 3.** Influence of in-container sterilization (121 °C for 8 min; A, B) or continuous-flow sterilization treatment at 124 °C for 5 min (C, D) or 140 °C for 5.8 s (E, F) and subsequent storage for up to 60 d at 20 °C (A, C, E) or 40 °C (B, D, F) on the level non-sedimentable  $\kappa$ -casein (expressed as percentage of total  $\kappa$ -casein:  $\kappa$ -CN) of 9% MCl solutions containing 0 (●), 12 (▲) and 24 (■) mEq L<sup>-1</sup> of added sodium hexametaphosphate (SHMP). Open symbols correspond to non-sedimentable  $\kappa$ -casein before heat treatments.



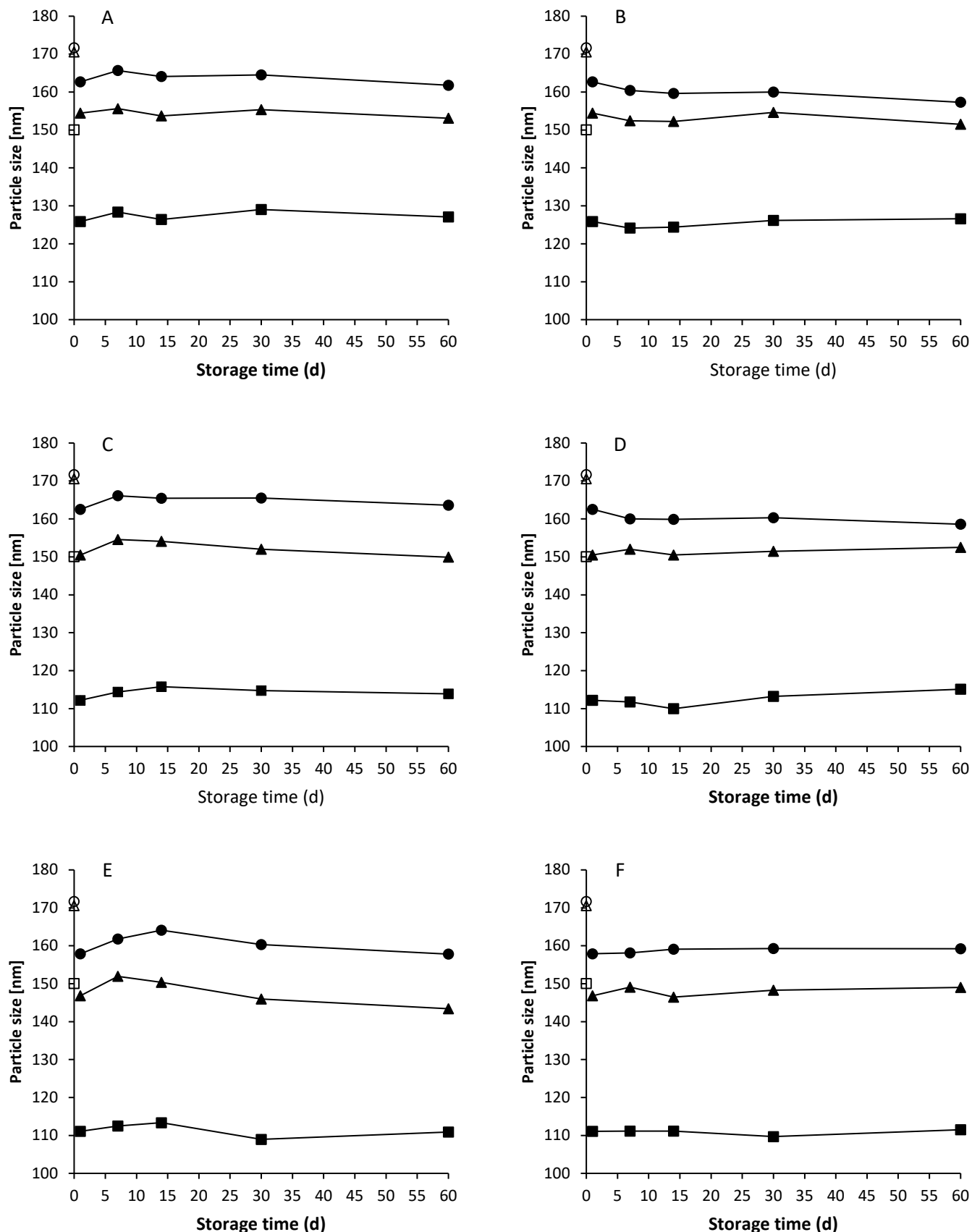
**Fig. 4.** Influence of in-container sterilization (121°C for 8 min; A, B) or continuous-flow sterilization treatment at 124°C for 5 min (C, D) or 140°C for 5.8 s (E, F) and subsequent storage for up to 60 d at 20°C (A, C, E) or 40°C (B, D, F) on the level non-sedimentable  $\beta$ -casein (expressed as percentage of total  $\beta$ -casein:  $\beta$ -CN) of 9% MCl solutions containing 0 (●), 12 (▲) and 24 (■) mEq L<sup>-1</sup> of added sodium hexametaphosphate (SHMP). Open symbols correspond to non-sedimentable  $\beta$ -casein before heat treatments.



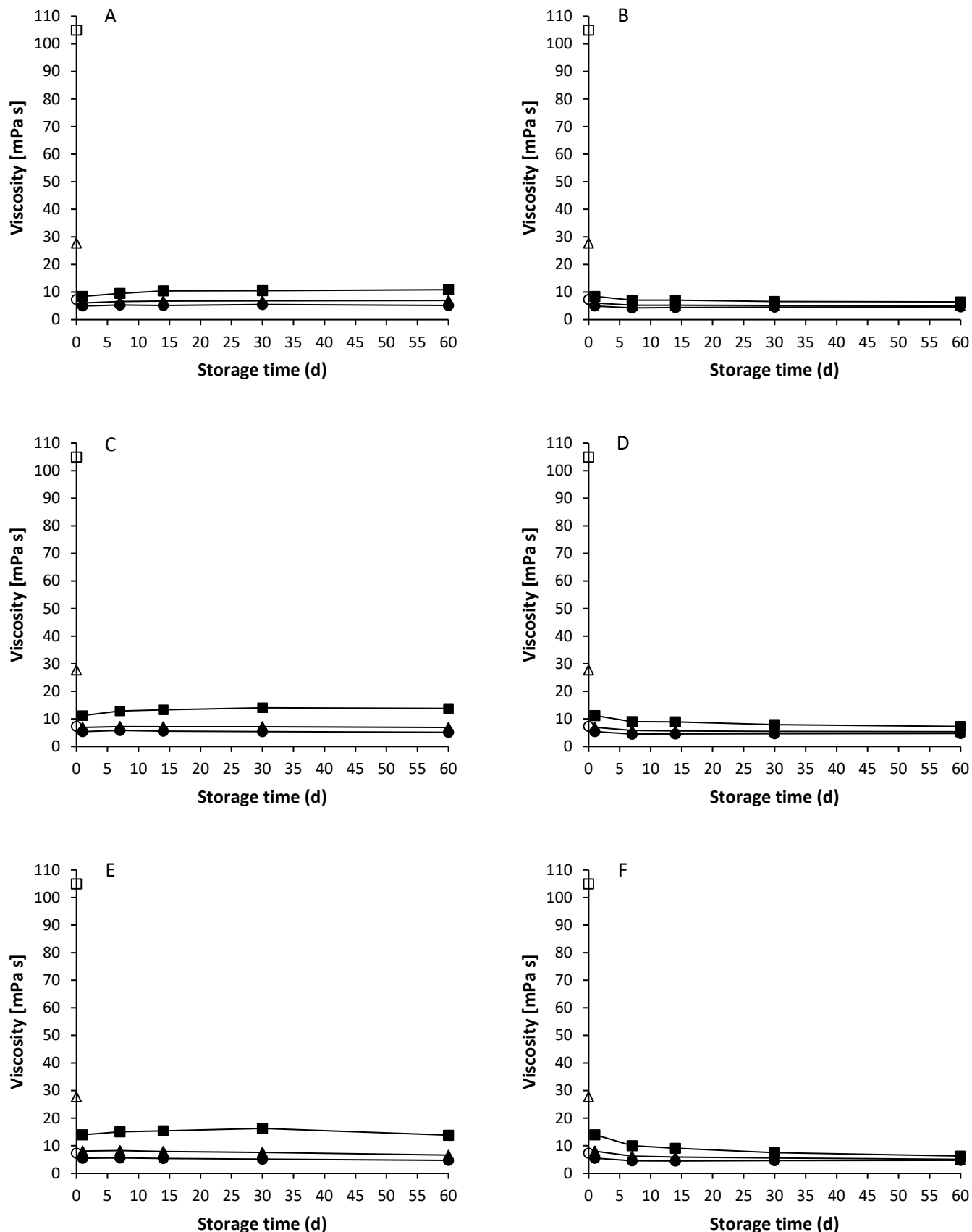
**Fig. 5.** Influence of in-container sterilization (121°C for 8 min; A, B) or continuous-flow sterilization treatment at 124°C for 5 min (C, D) or 140°C for 5.8 s (E, F) and subsequent storage for up to 60 d at 20°C (A, C, E) or 40°C (B, D, F) on the level non-sedimentable  $\alpha_s$ -casein (expressed as percentage of total  $\alpha_s$ -casein:  $\alpha_s$ -CN) of 9% MCI solutions containing 0 (●), 12 (▲) and 24 (■) mEq L<sup>-1</sup> of added sodium hexametaphosphate (SHMP). Open symbols correspond to non-sedimentable  $\alpha_s$ -casein before heat treatments.



**Fig. 6** Influence of in-container sterilization (121°C for 8 min; A, B) or continuous-flow sterilization treatment at 124°C for 5 min (C, D) or 140°C for 5.8 s (E, F) and subsequent storage for up to 60 d at 20°C (A, C, E) or 40°C (B, D, F) on the turbidity at 600 nm of 9% MCl containing 0 (●), 12 (▲) and 24 (■) mEq L<sup>-1</sup> of added sodium hexametaphosphate (SHMP). Open symbols correspond to turbidity before heat treatments.



**Fig. 7.** Influence of in-container sterilization (121°C for 8 min; A, B) or continuous-flow sterilization treatment at 124°C for 5 min (C, D) or 140°C for 5.8 s (E, F) and subsequent storage for up to 60 d at 20°C (A, C, E) or 40°C (B, D, F) on the particle size of 9% MCI solutions containing 0 (●), 12 (▲) and 24 (■) mEq L<sup>-1</sup> of added sodium hexametaphosphate (SHMP). Open symbols correspond to particle size before heat treatments.



**Fig. 8.** Influence of in-container sterilization (121°C for 8 min; A, B) or continuous-flow sterilization treatment at 124°C for 5 min (C, D) or 140°C for 5.8 s (E, F) and subsequent storage for up to 60 d at 20°C (A, C, E) or 40°C (B, D, F) on the level viscosity (at a shear rate of 100 s<sup>-1</sup>) of 9% MCl solutions containing 0 (●), 12 (▲) and 24 (■) mEq L<sup>-1</sup> of added sodium hexametaphosphate (SHMP). Open symbols correspond to viscosity before heat treatments.