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Propuesta de mejora en el Programa de Mantenimiento con Metadona (PMM)

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Methadone is a potent synthetic opioid used as a substitute for heroin, and produces similar effects to those of morphine or heroin. He has demonstrated sufficient empirical evidence long term in terms of efficiency and effectiveness to be the most suitable for the treatment of opiate addiction. It represents an extremely useful resource for many heroin addicts who can not attain or maintain abstinence, get so regulate their lives.

The Methadone Maintenance Programs (MMP) have shown over the years: a decline in drug use of patients, a reduction in the likelihood of infectious diseases and a decrease (such as HIV, hepatitis ....) on morbidity and mortality and associated crime. They have also failed to demonstrate a high level of adherence and treatment center, by the patients. Among the long-term results also include improving the quality of life of the addict and the socio-professional reintegration. However, despite these benefits, we have identified some areas for improvement that will be analyzed in this paper.

The main objective is to develop a proposal for improvement in the current Methadone Maintenance Program (MMP) of Navarre. This is to ensure comprehensive and quality care, by all nursing and care team, to all patients.

A priority is to establish the basic lines of action around the PMM, setting specific objectives and performance frameworks. The Administration should take a leadership role and make those guidelines. Furthermore, professionals should collaborate and assume leadership in the performance of their duties. It is necessary to contribute to the improvement of the care process.

Materias o Palabras Clave (máximo 5) / Gaiak edo hitz gakoak (gehienez 5)
Maintenance program with methadone, heroin dependence, opiates, nursing care
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