1 Multivariate statistical analysis and odour-taste network to reveal odour-taste associations

2

3	Elisabeth Guichard ¹ *.	Carmen Barba ^{1,2}	, Thierry	y Thomas-Danguin ¹	and Anne Tromelin ¹
---	------------------------------------	-----------------------------	-----------	-------------------------------	--------------------------------

4

- ⁵ ¹Centre des Sciences du Goût et de l'Alimentation, AgroSup Dijon, CNRS, INRA, Université
- 6 Bourgogne Franche-Comté, F-21000 Dijon, France;
- 7 ²Present address: Instituto de Innovación y Sostenibilidad en la Cadena Agroalimentaria (IS-
- 8 FOOD), Departamento de Tecnología de Alimentos, Universidad Pública de Navarra (UPNa),
- 9 31006 Pamplona, Spain
- 10 <u>*elisabeth.guichard@inra.fr</u>, 33-380693277
- ¹¹ https://doi.org/10.1021/acs.jafc.9b05462

This document is the Accepted Manuscript version of a Published Work that appeared in final form in Journal of Agricultural and and Food Chemistry, copyright © American Chemical Society after peer review and technical editing by the publisher.

12 ABSTRACT (100-150 mots)

13 Odour taste association has been successfully applied to enhance taste perception in foods with low sugar or low salt content. Using gas chromatography/olfactometry-associated taste (GC/O-14 15 AT), 68 odorant zones have been described with 41 odour descriptors and 4 taste associated descriptors (sweet, salty, bitter, sour). The relationships between odour and taste descriptors 16 were analysed using multivariate analyses. A partial least square analysis allowed to visualise 17 the odours associated with a specific taste, for example fruity, sweet, strawberry, candy, floral 18 19 and orange with sweetness. A network representation using Cytoscape allowed visualising the links between odour and taste descriptors for example the positive association of butter with 20 21 both saltiness and sweetness. Multidimensional scalling projection allowed allocating the odorant zones to their odour and taste descriptors. Our approach provided a visualisation tool 22 of the links between odour and taste description and could be used to select odour-active 23 24 molecules with a potential taste enhancement effect.

25

KEYWORDS : odour-taste association, multivariate analysis, sweetness, odorant compound

27

28 INTRODUCTION

29 Considering the rising rate of pathologies such as diabete, obesity, which are related to unbalanced diets with an excess of consumption of sugar, salt and fat, there is an urgent need 30 to decrease the content of these ingredients in food while maintaining their sensory acceptability 31 by consumers. In the present paper, we will focus on sugar reduction. Concerning sugar, a high 32 consumption of foods rich in free sugar increases the risk of tooth decay. High intake of sugar-33 sweetened beverages is highly linked with an unhealthy diet, weight gain and increased risk of 34 35 noncommunicable diseases. The food industry has to integrate these nutritional criteria in the formulation of food products. Different strategies have been used for sugar reduction in foods 36

as reviewed (1, 2). Simple sugars, such as fructose or sucrose, could be replaced by new 37 38 molecules, which confer a sweet taste to the product without the added calories, such as intensive sweeteners (i.e.: acesulfame k, aspartame, neotame, cyclamate, saccharin, sucralose, 39 thaumatin, steviol, monogroside, brazzein and monatin). However, such molecules with an 40 intense sweetness are used in very small amount resulting in losses of volume and modification 41 of the final texture. Alternatively, a part of simple sugars can be replaced by soluble fibres or 42 43 carbohydrates, such as polyols (i.e.: sorbitol, mannitol, isomalt maltitol, lactitol, xylitol, and erythritol) or fructo-oligosaccharides (i.e.: nystose, kestose and fructosylkestose), in order to 44 use as bulking agent and restore the texture. These two strategies are often combined because 45 46 excessive consumption of polyols and fructo-oligosaccharides may cause gastrointestinal symptoms, such as gas or laxative effects, then maximum levels are regularized and also to 47 achieve a more pleasant taste. Other strategies are based on modifications of food texture and 48 49 structure, which impact on the dynamic of sugar release in the mouth and as a consequence on taste perception (3), but the effect on sweetness perception was dependent on both the nature 50 51 of the texturing agent and of the taste compound (4). By varying the gel hardness using a mixture of agar and gelatin, it was observed that the fracture properties of the gels affected the 52 surface area of the fragments formed during chewing and thus the rate of sugar release (5), soft 53 54 gels were perceived sweeter than medium gels, due to the formation of a large number of fragments during chewing, which facilitated the release of sweet molecules and the stimulation 55 of the taste receptors. Moreover, in 20% sugar-reduced gelled products, a heterogeneous 56 distribution a sugar was able to enhance sweetness intensity and thus maintain consumer 57 acceptability (6). By combining these two strategies, it was observed that hard gels were 58 perceived sweeter when sugar distribution was heterogeneous due to a long-lasting in-mouth 59 sucrose concentration, the hard matrix being able to maintain the taste contrast due to different 60 sucrose concentrations, for a longer time in the mouth during chewing (7). The authors 61

concluded that the fracture properties of food can be modulated to enhance sweetness 62 63 perception, in association with heterogeneous distribution (5). Another innovative strategy is the use of aroma-taste interactions and multimodal integration, based on the fact that an odour 64 may evoke a taste (8, 9) but are not able to activate taste receptors and the metabolisms that 65 entails. This strategy has been used with success to develop low-salt food while maintaining 66 saltiness and consumer acceptability (10), to enhance fat perception in real foods varying in 67 68 structure-texture properties (11) and to enhance sweet perception in sugar-reduced fruit juices (12). Using such an approach needs an adequate selection of odours. As food odours can evoke 69 a specific taste through mental imagery, it has been possible to select promising odours for 70 71 saltiness enhancement based on the expectation taste profiles of food products being evoked by their names (13). In different volatile compounds databases, such as Flavor-Base (14) or 72 Volatile Compounds in Foods (15), the word "sweet" is often used as odorant descriptor. 73 74 Considering this observation that some odours are described with a "smelled taste", Stevenson et al (16) calculated the correlation between odour sweetness and taste sweetness for 10 odorant 75 76 molecules and found that the degree to which an odour smelled sweet was a good predictor for taste tasting. This association was also used to select odorants able to enhance sweetness in fruit 77 juices, using gas chromatography/olfactometry-associated taste (GC/O-AT) (12), showing that 78 odorants described with a "smelled sweet taste" were able to enhance the perceived sweetness 79 odour of a fruit juice. Moreover, other odorants not described with a "smelled sweet taste" were 80 also found to be good candidates for sweetness enhancement. In the aim to look for volatile 81 compounds able to enhance some specific taste, we tried to find links between taste descriptors 82 and odour descriptors, starting from the whole set of data previously obtained using gas 83 chromatography/olfactometry-associated taste (GC/O-AT) (12). The aim of the present work 84 was to perform different multivariate analyses to search for the links between odorant 85 descriptors and taste associated descriptors, starting from a total of 68 odorant zones (identified 86

and non-identified), which have been described first with odorant descriptors and second with
taste associated descriptors (sweetness, sourness, saltiness, bitterness). These links could then
be used for a first selection of molecules susceptible to enhance taste perception.

90

91 MATERIALS AND METHODS

92 Sample preparation

93 We used the raw data previously obtained after the extraction of volatile compounds from a commercial multi-fruit juice provided by Eckes Granini (France), following the vacuum 94 distillation procedure and dichloromethane extraction described by Barba et al. (17). The extract 95 96 was then concentrated with a Kuderna-Danish apparatus to a final volume of approximately 200 µL and 1 µL (splitless mode for 0.5 min) submitted to gas-chromatography/mass-97 spectrometry (GC/MS) for compounds identification and to GC/O-AT for odour description 98 (12) using the same column (30m x 0.32 mm i.d. fused silica capillary column coated with a 99 0.5 µm layer of polyethylene glycol, DB-Wax, Agilent, Agilent Technologies, Santa Clara, 100 CA). GC/O-AT was done with 12 panellists used to GC/O experiments. In a first run (first 101 injection of the extract), panellists were asked to indicate the detection of an odour using a 102 buzzer and to give an odorant descriptor. In a second run (second injection of the same extract), 103 104 panellists were asked to attribute for each odour, one of the four associated taste descriptors: sweet, salty, sour or bitter. Detection times, odour descriptors and taste associated descriptors 105 were recorded using AcquiSniff software (Saint Genès Champanelle, France). The detection 106 frequency (DF) was calculated for both odour descriptors and taste associated descriptors (18). 107 Only the odorant zones with a DF higher than 30% were selected, to limit the false detection 108 risk. For each selected odorant zone, we took into account all the odour descriptors given by 109 the 12 panellists. For taste associated descriptors, we also calculated the DF for each specific 110 taste: sweetness (%), sourness (%), saltiness (%), bitterness (%). 111

112

113 Data preparations

From the whole set of data, we selected 68 odorant zones, with the name of the corresponding 114 identified compound if known or mention that this compound is unknown (uki). We identified 115 70 odorant descriptor, of which 7 are present only in the description of one odorant zone and 116 are not retained for the analyse. We validated a list of 63 odorant descriptors and 4 taste 117 associated descriptors. In a second step, odour descriptors only present in 1 or 2 odorant zones 118 were deleted. The multivariate analyses were done with 45 variables, the 41 remaining odorant 119 descriptors and the 4 associated taste descriptors. A co-occurrence matrix was built with, for 120 121 the 68 odorant zones, the number of occurrences of the 41 odorant descriptors and the DF for the 4 associated tastes. Additionally, we also use a binary version of this matrix: 1 when the 122 odour descriptor or the taste associated descriptors appears in the odour description, 0 123 124 otherwise.

125

126 Computational analysis and statistical methods

Multivariate statistical analyses were performed using XLStat (Addinsoft). A Partial Least Square (PLS) analysis was done, on the 68 odorant zones, to explain the taste association descriptors (Y variables: DF for each associated taste) by the odorant descriptors (X block: number of occurrence of the 63 odorant descriptors).

131

The multidimensional scaling (MDS) approach allows the visualisation of the similarity between elements of a dataset by disposing them in an N-dimensional space. MDS is one of the methods that allow dimensionality reduction and producing meaningful representations of highdimensional data into a lower-dimensional space (usually two or three dimensions space). In the present study, we used the Euclidian distance to obtain a similarity matrix between 68 odorant zones on the basis of the frequency of 63 odorant descriptors. Then the MDS was achieved on the matrix to derive Euclidian coordinates and distances. We used the coordinates of the first three dimensions to display the odorant zones in a three-dimensional scatterplot. The 3D graphical visualisation was obtained using Miner3D (version 7).

141

142 Network visualisation

We aimed to explore the associations between odour descriptors and taste descriptors using a network of odorant and taste descriptors. For that purpose, we first calculated the co-occurrence matrix of the odorant and taste descriptors using the binary matrix of 68 odorant zones and 67 descriptors (63 odorant and 4 associated tastes). The co-occurrence matrix is a square 67x67 matrix in which the off-diagonal terms are the number of the odorant-taste pairs in the description of an odorant zone, while the diagonal terms are the number of all occurrences of each odorant and taste descriptors.

The calculations of MDS and co-occurrence matrix were conducted using R version 3.0.1 (19).
The odorant and taste descriptors were considered to be variables in the context of odorant
zones.

153 Cytoscape (*20*) was used to build a network of the links between odour descriptors and taste 154 associated descriptors. This required the square matrix to be transformed into a twoway data 155 table, which was performed via Statistica (TIBCO Software Inc. 2017).

156

157 RESULTS AND DISCUSSION

158 The 68 selected odorant zones with DF odour values higher than 30% are listed in Table 1 with 159 the name of the corresponding volatile compounds, if identified, or the number of the unknown 160 compound. For each odorant zone, all the odour descriptors given by the 12 panellists are listed

with the number of occurrence when higher than the unity. We have deleted from the list the 161 descriptor "unknown", which was given by panellist who was not able to describe the odour. 162 This list of descriptor was used to build the Euclidian matrix. For each odorant zone, 2 values 163 are given for DF, the detection frequency for the odour (DF odour %) which is the percentage 164 of panellists having smelled the odour during the first run of GO/O and the detection frequency 165 for the associated taste descriptor (DF taste %) during the second GC/O-AT run. We then 166 167 calculated the DF for each of the four taste attributes, sweetness (%), sourness (%), saltiness (%), bitterness (%), these values are used for the statistical analyses. The value is in bold for 168 the main associated taste. A total number of 33 odorant zones are more associated with 169 170 sweetness (13 with a value higher than 40%), 16 odorant zones are more associated with sourness (5 with a value higher than 40%), 10 odorant zones are more associated with saltiness 171 (3 with a value higher than 40%) and 21 odorant zones are more associated with bitterness (3 172 173 with a value higher than 40%).

174

175 Explanation of taste association by odour descriptors using PLS.

The PLS was done on the 68 odorant zones, using the occurrences of each of the 41 odour 176 descriptors as X variables and the DF for each associated taste as Y variables. We verified that 177 the representation of the remaining 41 variables is the same as on the PLS realised with the 63 178 odour descriptors (supplementary files). Figure 1 shows the projection of the variables on the 179 two main components. The 4 associated tastes are well discriminated in the first plan, the 180 sweetness on the positive part of component 1, bitterness on the negative part of component 1, 181 sourness on the positive part of component 2 and saltiness on the negative part of component 182 2. The odour descriptors fruity, sweet, strawberry, candy, floral, orange are positively correlated 183 with component 1 and thus contribute to sweetness perception. The odour descriptors sour, 184 unpleasant, cheese, acid are positively correlated with component 2 and thus contribute to 185

sourness. The odour descriptors hot plastic, plastic, spicy are negatively correlated with 186 187 component 1 and thus contribute to bitterness. The odour descriptors toasted, potatoe, mushroom, sulphur are negatively correlated with component 2 and thus contribute to saltiness. 188 A model has been built to predict the taste association by a linear combination of the odour 189 descriptors. Table 2 presents the coefficients affected to each odour descriptor to explain one 190 taste descriptor. The odour descriptors are ranked according to the decreasing number of their 191 192 total occurrences. The odours with the highest impact on sweetness are strawberry, red fruits, sweet, citrus, leather, butter, orange, foot, chemical, candy, fruity, floral and those with the 193 highest negative impact are sour, sulphur, hot plastic, land, plastic, wood, metallic, toasted, 194 195 potatoe, smoky. The odours with the highest impact on sourness are sour, sweaty, hot plastic, metallic, lemon, land, solvent and those with the highest negative impact are peanut, strawberry, 196 toasted, leather, foot, chemical, butter. The odours with the highest impact on saltiness are 197 198 sulphur, potatoe, toasted, smoky, land, butter, mushroom and those with the highest negative impact are citrus, animal, peanut, strawberry, dust, metallic, grass, vegetal, unpleasant, plastic, 199 red fruits, foot, sweet, chemical. The odours with the highest impact on bitterness are animal, 200 201 metallic, peanut, plastic, wood, grass, hot plastic, vegetal, dust and those with the highest negative impact are butter, strawberry, orange, cake, acid, red fruits, leather, lemon. 202

It can be noticed that most of the odours positively associated with sweetness are negatively associated with saltiness, except butter, spicy and leather which are positively associated to both sweetness and saltiness.

Looking at the odorant zones (Figure 2), the compounds with a high positive correlation with component 1 are the most associated with sweetness, ethyl2-methylbutanoate (E2MB) is described with fruity, apple, strawberry, candy and sweet odour descriptors (Table 1), methyl-2-methylbutanoate (M2MB) is described with fruity and sweet notes, linalool is described with floral, fruity, sweet and candy notes, (E)- β -ocimene (β -Oci) is described with fruity, floral,

strawberry notes, phenylmethanol (PhM) is described with floral, fruity, sweet, candy notes, β -211 damascenone (β -Dam) is described with fruity, floral and sweet notes, γ -decalactone (γ -Dec) is 212 213 described with floral, fruity and sweet notes, ethyl butanoate (EB) is described with fruity, floral and sweet notes. The compounds the most associated with sourness (positive correlation with 214 component 2) are pentanoic acid (PA), described as acid, sharp, cheese, unpleasant, allo-215 ocimene (allo-O), described as green, metallic, sour, hexanal (HEXA) described as green, herb, 216 217 floral. The compounds the most associated with bitterness (negative correlation with 218 component 1) are tricosane, described as plastic, petrol, isobutylalcohol (IBA), described as 219 plastic, hot plastic, spicy, wood. The compounds the most associated with saltiness (negative correlation with component 2) are furfural, described as potatoe, toasted, sulphur, 2-hexen-1-ol 220 (2Hexe), described as mushroom, toasted, sulphur, 1-octen-3-one (1030), described as 221 mushroom and n-butanol (Buta), described as toasted, peanut. 222

223

224 Visualisation of the links between odour descriptors and associated tastes

In order to better understand the associations between odour descriptors and tastes, we build a 225 network characterized in terms of nodes and edges or links, following the approach used for 226 odour notes (21). In our case, the nodes are odour and taste descriptors and the edges are the 227 odorant zones. We used a total of 45 descriptors (41 odorant descriptors and 4 taste descriptors). 228 We obtained a list of 2025 pairs of descriptors by stacking the 45x45 co-occurrence matrix. 229 After excluding the diagonal elements and the pairs zero values link, it remained 1098 pairs. 230 We considered only the pairs between odour and taste descriptors, and after removing the 231 entries below the main diagonal (for any X and Y odor notes, the pairs XY and YX are 232 equivalent), the network displayed 143 odour-taste pairs. 233

Figure 3 represents the links between the odour and the tastes descriptors. This representationallows a rapid visualisation of the odour taste associations.

Many odour descriptors are linked to all tastes, but some are only linked to one, two or three tastes, as can be seen in Figure 3 by the lines between odour descriptors and tastes. Plain lines are used for more than 4 occurrences, different types of discrete lines are used for 1, 2, 3 or 4 occurrences as indicated in the legend. The size of each odour descriptor depends on the number of odorant zones in which they are present. The fill colour of each odour descriptor is that of the main associated taste and the border colour is that of the second associated taste. In case the odour is equally associated with every taste, the colour is grey.

243 One odour descriptor in only linked to one taste, strawberry, which is only linked to sweetness.

244 This explains its high positive value in the regression to sweetness perception.

Three odour descriptors are only linked to two tastes, they are orange, candy and red fruitslinked mainly to sweetness and then to sourness.

The descriptors linked to three tastes can be discriminated by the taste to which they are not linked to. Caramel is not linked to bitterness. Butter, mushroom and peanut are not linked to sourness. Hot plastic, potatoe and sour are not linked to sweetness. Grass, citrus, lemon, metallic and dust are not linked to saltiness.

The other odour descriptors are linked to all the tastes. Fruity and floral are the most cited 251 descriptors with respectively 79 and 70 total number of occurrence and present in respectively 252 35 and 37 odorant zones. They are mainly linked to sweetness, then to the three other tastes 253 without any distinction. Cake and rose are mainly associated to sweetness but with only few 254 occurrences. Among the other odour descriptors mainly associated to sweetness, the second 255 associated taste is sourness for sweet and solvent, bitterness for vegetal, chemical and foot and 256 saltiness for leather. Only sweaty is first associated to sourness. Green, plastic, herb, wood and 257 animal are first associated to bitterness, the second associated taste is saltiness for wood, 258 sourness for animal and both sourness and sweetness for green and herb. Toasted, cheese, 259 sulphur, smoky and land are first associated to saltiness and toasted, sulphur and land are also 260

associated to bitterness. Unpleasant, sharp, spicy and acid do not present any specificity towardsa specific taste.

263

264 Allocation of odorant zones according to their odour descriptors and associated taste

A MDS realised on the dissimilarity matrix obtained using the Euclidian distance allowed to determine the level of similarity of odorant zones based on their odour descriptors. The distances and coordinates calculation was performed using the frequency of odour descriptors; nevertheless, the data used for graph depictions involves also the taste descriptors and the DF for each of the four taste descriptors.

270 Figure 4 and 5 present the projection of the MDS 3D space of odorant zones. We decided to focus only on the links between the different taste attributes and two odorant descriptors, fruity 271 and floral which have the greater total number of occurrences. The shape of the plots depends 272 273 on the associated taste, sphere for sweetness (4A, 4B), cone for sourness (4C, 4D), diamond for saltiness (5A, 5B) and star for bitterness (5C, 5D), their size depends on the percentage of taste 274 275 DF. The fruity odours are represented by a colour gradient depending on their occurrence in the 276 odorant zone (4A, 4C, 5A, 5D). They are more perceived in the odorant zones present on the negative part of axis 1. The floral odours are represented by a colour gradient depending on 277 their occurrence in the odorant zone (4B, 4D, 5B, 5D), they are more perceived in the odorant 278 zones present on the positive part of axis 3 and negative part of axis 2. The odorant zones with 279 a high DF for sweetness (4A, 4B) are mainly located on negative part of V1, due to a greater 280 number of occurrence for fruity and some on the positive part of axis 2, due to the presence of 281 floral odours, but some are in the middle of the space due to links between sweetness and other 282 odour descriptors as was highlighted by Cytoscape Network. The odorant zones with a high DF 283 284 for sourness (4C, 4D) are located on the negative part of axis 3 and positive part of axis 1. They have low occurrences for both fruity and floral. However, some odorant zones perceived as 285

fruity or floral are also associated to sourness. On Figure 5, it can be noticed that the odorant zones with a high DF for saltiness and bitterness have low occurrence of fruity and floral odours.

289 DISCUSSION AND CONCLUSION

The different tools involved in this study allowed finding links between odour descriptors and taste descriptors. As the data used in this study are from an extraction of volatile compounds from a fruit juice, the odour descriptors cover a specific domain. However, we were able to find links with not only sweetness and sourness, which are the main taste descriptors in fruit juices, but also with saltiness and bitterness.

295 A lot of the literature on odour-taste interactions relies on sweetness perception. A review by Valentin et al (22) presents the different studies reporting an effect of odour on sweet 296 perception. The most studied aroma is strawberry which has been reported to enhance sweetness 297 298 perception for example in model systems (23, 24), in whip cream (25) and in fruit juice (12). Our results show that the strawberry descriptor is only associated with sweetness and has a high 299 positive value in the regression to sweetness perception. This can be explained by associative 300 301 learning (16), due to simultaneous exposition of strawberry odour and sweet taste in a great variety of food products such as jams, jellies, marmalades, yogurts, ice creams or candies. Other 302 303 odour descriptors are mainly associated with sweetness, such as caramel, which was already found to increase sweetness perception in model solutions (16) or ciders (26). Fruit odours, 304 such as orange, redfruits and lemon are potential candidates for sweetness enhancement. They 305 have a high positive value in the regression to sweetness perception and a negative value for 306 saltiness and bitterness. A sweetness enhancement has been observed for orange and raspberry 307 (27). The odour descriptor sweet is, as expected, associated with sweetness but also with 308 sourness, which can be explained by the fact that fruit products are often perceived sweet and 309 310 sour.

Concerning lemon odour, Schifferstein and Verlegh (24) observed that the sweetness enhancing 311 312 effect was lower than with strawberry odour. Our results show that lemon odour was mainly associated with sweetness but also with sourness. In water solution, a significant enhancement 313 of both sweetness and sourness was observed by addition of lemon flavour (28), whereas in 314 acidic solutions, other authors did not found any effect of the addition of lemon odour on 315 sourness perception (29). These different results are in agreement with other observations, that 316 317 the effect of odour on sweetness/saltiness enhancement is higher at low to medium intensities of the tastes (26, 30, 31). It can be noticed that even if lemon and citrus are both associated with 318 sweetness, with a positive contribution in the regression, lemon is secondly associated with 319 320 sourness with a higher contribution to sourness and a negative contribution to bitterness in the regression, whereas citrus is secondly associated with bitterness, with a positive contribution to 321 bitterness in the regression. These results can be explained by the fact that lemon extract are 322 323 perceived as sour and sweet (32) and that some citrus fruit drinks such as grapefruit are perceived sweet and bitter (33). 324

Only few odours have been mainly associated with sourness. As expected, the odour descriptor sour is mainly associated with sourness, but not with sweetness. Metallic is also associated with bitterness and sweaty also associated with sweetness. There is no information in the literature on the effect of addition of such odours on sourness perception.

Even if the odorant zones were isolated from a fruit extract, which cannot be associated with saltiness itself, some odorant zones were described with odour descriptors mainly associated with saltiness, such as toasted, smoky, sulphur, cheese, potatoe, butter, leather and mushroom. This association was already mentioned for similar odours such as bacon, cheese or peanuts and were able to enhance saltiness intensity in water solution by orthonasal and retronasal perception (*13*). Another study on odour induced saltiness enhancement showed that at least 15% salt reduction can be compensated by addition of either beef or chicken bouillon aroma and that the odour descriptors mainly contributing to this enhancement were brothy, meaty and roasted (*34*). Soysauce odour was also able to induce salty taste in water solution with a very amount of sodium chloride, below the detection threshold (*35*). These observation confirm that the odour descriptors found in this study associated with saltiness could have an impact on saltiness enhancement.

The positive association for butter with both sweetness and saltiness can be explained by the 341 consumption of both fat-sweet and fat-salty foods and for spicy by the consumption of both 342 spicy-sweet and spicy-salty foods. In fact, the addition of butter aroma was found to enhance 343 fat perception in model cheeses with an additional small effect on saltiness enhancement (31). 344 345 The links we observed between some odours (green, grass, vegetal) and bitterness have already been used to increase bitterness perception in a model olive oil by addition of cis-3-hexenol, a 346 cut grass odorant compound (36). Considering our results, other odour descriptors could be 347 348 good candidates for bitterness enhancement, such as plastic, wood, herb and animal. In the case of bitterness reduction in food products, such odours have to be discarded from the product. 349 However the impact of odours on bitterness has not been the subject of many studies. In the 350 aim to reduce bitterness in foods, our network representation can allow to select odours which 351 have no link or only few links with bitterness and then test the effect of the corresponding 352 353 odorant compounds.

A focus was done on the present paper on two odour descriptors with the greatest number of occurrence in our odorant zones, due to the nature of the extract, from a multifruit juice. These two odours are mainly associated with sweetness on the network representation and then to the three other tastes. However the MDS projection allowed to differentiate the links between these two odours and the taste descriptors. Sweetness perception can be linked either with fruity or with floral. Both odours are negatively correlated with saltiness and bitterness, which means that an addition of molecules perceived fruity and/or floral could decrease saltiness and/orbitterness.

Our results also point out other negative associations. Orange, candy and red fruits are not 362 linked with saltiness and bitterness, which explains their negative value in the regression for 363 saltiness and bitterness. Some descriptors are not linked with one specific taste. Caramel is not 364 linked to bitterness, which explains its negative impact on bitterness. Butter, mushroom and 365 366 peanut are not linked to sourness and have all a negative impact on sourness. Hot plastic, potatoe and sour are not linked to sweetness and have all a high significant negative impact on 367 sweetness. Grass, citrus, lemon, metallic and dust are not linked to saltiness and have all a high 368 significant negative impact on saltiness, except lemon, which has a moderate negative impact 369 on saltiness. These odours could be then tested for an eventual masking effect of undesirable 370 tastes such as an excess of bitterness or sourness. 371

372

In the present manuscript the descriptors have been generated from a multifruit juice extract, a generalisation of the approach to other extracts could increase the number of odour descriptors and their links with taste descriptors. The proposed approach is simple to handle and could be a good way for the selection of odorant molecules with an impact on taste perception. The links formalised between odour and taste descriptors could then be used to predict a potential odourinduced taste enhancement in model system or real foods or even an eventual masking effect.

379 Acknowledgements

Carmen Barba received support from the EU in the framework of the Marie SklodowskaCurie H2020-MSCA-IF-2014-655545. We thank Eckes Granini France for providing the

382 juice and Karine Gourrat from ChemoSens Platform for technical support.

383 **REFERENCES.**

Di Monaco, R.; Miele, N. A.; Cabisidan, E. K.; Cavella, S., Strategies to reduce sugars in food.
 Current Opinion in Food Science 2018, *19*, 92-97.

Stieger, M.; van de Velde, F., Microstructure, texture and oral processing: New ways to reduce
 sugar and salt in foods. *Current Opinion in Colloid & Interface Science* 2013, *18*, 334-348.

388 3. Pangborn, R. M.; Trabue, I. M.; Szczesniak, A. S., Effect of hydrocolloids on oral viscosity and 389 basic taste intensities. *Journal of Texture Studies* **1973**, *4*, 224-241.

Tournier, C.; Sulmont-Rossé, C.; Guichard, E., Flavour perception: aroma, taste and texture
 interactions. In *Food*, Books, G. S., Ed. Global Science Books LtD.: England (Great Britain), 2007; Vol. 1,
 pp 246-257.

Mosca, A. C.; de Velde, F. V.; Bult, J. H. F.; van Boekel, M.; Stieger, M., Taste enhancement in
food gels: Effect of fracture properties on oral breakdown, bolus formation and sweetness intensity. *Food Hydrocolloids* 2015, *43*, 794-802.

- Mosca, A. C.; Bult, J. H. F.; Stieger, M., Effect of spatial distribution of tastants on taste intensity,
 fluctuation of taste intensity and consumer preference of (semi-)solid food products. *Food. Qual. Prefer.* 2013, *28*, 182-187.
- 399 7. Mosca, A. C.; van de Velde, F.; Bult, J. H. F.; van Boekel, M.; Stieger, M., Effect of gel texture
 and sucrose spatial distribution on sweetness perception. *Lwt-Food Science and Technology* 2012, 46,
 183-188.

402 8. Small, D. M.; Prescott, J., Odor/taste integration and the perception of flavor. *Exp. Brain Res.*403 **2005**, *166*, 345-357.

- 404 9. <u>Thomas-Danguin, T.; Sinding, C.; Tournier, C.</u>; Saint-Eve, A., Multimodal interactions. In *Flavor:*405 *From Food to Behaviors, Wellbeing and Health (460 p.)*, Etiévant, P.; <u>Guichard, E.; Salles, C.</u>; Voilley, A.,
 406 Eds. Elsevier Ltd.: Cambridge (England), 2016; Vol. WPF 299, pp 121-141.
- 10. <u>Thomas-Danguin, T.; Lawrence, G.; Emorine, M.; Nasri, N.; Boisard, L.; Guichard, E.; Salles, C.,</u>
 Strategies to enhance saltiness in food involving cross modal interactions. In *The Chemical Sensory Informatics of Food: Measurement, Analysis, Integration,* Guthrie, B.; Beauchamp, J.; Buettner, A.;
 Lavine, B. K., Eds. ACS Division of Agricultural Food and Chemistry, Inc.: Washington, DC (United
 States), 2015; pp 27-40.

Syarifuddin, A.; Septier, C.; Salles, C.; Thomas-Danguin, T., Reducing salt and fat while
maintaining taste: An approach on a model food system. *Food Quality and Preference* 2016, 48, 59-69.
Barba, C.; Béno, N.; Guichard, E.; Thomas-Danguin, T., Selecting odorant compounds to
enhance sweet flavor perception by gas chromatography/olfactometry-associated taste (GC/O-AT).

416 Food Chemistry **2018**, 257, 172-181.

Lawrence, G.; Salles, C.; Septier, C.; Busch, J.; Thomas-Danguin, T., Odour-taste interactions: A
way to enhance saltiness in low-salt content solutions. *Food Quality and Preference* 2009, *20*, 241-248.
Flavor-Base, Flavor-Base. In 9th edition ed.; Associate, L., Ed. 2013.

15. Nijssen, L. M.; Ingen-Visscher, C. A.; van Donders, J. J. H., Volatile compounds in food: database
- Version 16.2. In Triskelion, T., Ed. Zeist (The Netherlands), 2016.

422 16. Stevenson, R. J.; Prescott, J.; Boakes, R. A., Confusing tastes and smells : how odours can
423 influence the perception of sweet and sour tastes. *Chemical Senses* 1999, *24*, 627-635.

424 17. Barba, C.; Thomas-Danguin, T.; Guichard, E., Comparison of stir bar sorptive extraction in the 425 liquid and vapour phases, solvent-assisted flavor evaporation and headspace solid-phase 426 microextraction for the (non)-targeted analysis of volatiles in fruit juice. *Lwt-Food Science and* 427 *Technology* **2017**, *85*, 334-344.

Pollien, P.; Ott, A.; Montigon, F.; Baumgartner, M.; Muñoz-Box, R.; Chaintreau, A., Hyphenated
headspace-gas chromatography-sniffing technique: screening of impact odorants and quantitative
aromagram comparisons. J. Agric. Food Chem. 1997, 45, 2630-2637.

431 19. Team, R. C., R 3.0.1: R: A language and environment for statistical computing In R Foundation
432 for Statistical Computing: Vienna, Austria, 2013.

433 20. Shannon, P.; Markiel, A.; Ozier, O.; Baliga, N. S.; Wang, J. T.; Ramage, D.; Amin, N.; Schwikowski,

B.; Ideker, T., Cytoscape: A software environment for integrated models of biomolecular interaction
networks. *Genome Research* 2003, *13*, 2498-2504.

- 436 21. <u>Tromelin, A.</u>; <u>Chabanet, C.</u>; Audouze, K.; <u>Koensgen, F.</u>; <u>Guichard, E.</u>, Multivariate statistical 437 analysis of a large odorants database aimed at revealing similarities and links between odorants and 438 odors. *Flavour and Fragrance Journal* **2018**, *33*, 106-126.
- Valentin, D.; Chrea, C.; Nguyen, D. H., Taste-odour interactions in sweet tatse perception. In *Optimising sweet taste in foods*, Spillane, W., Ed. Woodhead Publishing Limited: Cambridge, 2006; pp
 66-84.
- 442 23. Frank, R. A.; Vanderklaauw, N. J.; Schifferstein, H. N. J., Both perceptual and conceptual factors 443 influence taste-odor and taste-taste interactions. *Perception & Psychophysics* **1993**, *54*, 343-354.
- 444 24. Schifferstein, H. N. J.; Verlegh, P. W. J., The role of congruency and pleasantness in odor-445 induced taste enhancement. *Acta Psychologica* **1996**, *94*, 87-105.
- 446 25. Frank, R. A.; Byram, J., Taste-smell interactions are tastant and odorant dependent. *Chemical* 447 *Senses* **1988**, *13*, 445-455.
- 448 26. Symoneaux, R.; Guichard, H.; Le Quere, J. M.; Baron, A.; Chollet, S., Could cider aroma modify 449 cider mouthfeel properties? *Food Quality and Preference* **2015**, *45*, 11-17.
- 450 27. Valentin, D.; Chrea, C.; Hoang Nguyen, D., Taste-odour interaction in sweet taste perception.
 451 In *Optimising sweet taste in foods*, Spillane, W. J., Ed. Woodhead Publishing Limited: Cambridge
 452 (England), 2006; pp 66-84.
- Le Calvé, B.; Goichon, H.; Cayeux, I., CO2 perception and its influence on flavour. In *EXpression of multidisciplinary flavour science*, Blank, I.; Wüst, M.; Yeretzian, C., Eds. Institut für chemie und
 biologische chemie: Wissenschaften, Switzerland, 2010; pp 55-58.
- 456 29. Cayeux, I.; Mercier, C., *Sensory evaluation of interaction between smell and taste Application* 457 *to sourness*. 2003; p 287-292.
- 458 30. Lethuaut, L.; Brossard, C.; Meynier, A.; Rousseau, F.; Llamas, G.; Bousseau, B.; Genot, C.,
 459 Sweetness and aroma perceptions in dairy desserts varying in sucrose and aroma levels and in textural
 460 agent. *International Dairy Journal* 2005, *15*, 485-493.
- 31. Syarifuddin, A.; Septier, C.; Salles, C.; Thomas-Danguin, T., Reducing salt and fat while
 maintaining taste: An approach on a model food system. *Food Quality and Preference* 2016, *48*, 59-69.
 32. Veldhuizen, M. G.; Siddique, A.; Rosenthal, S.; Marks, L. E., Interactions of Lemon, Sucrose and
- 464 Citric Acid in Enhancing Citrus, Sweet and Sour Flavors. *Chemical Senses* **2018**, *43*, 17-26.
- 465 33. Obenland, D.; Campisi-Pinto, S.; Arpaia, M. L., Determinants of sensory acceptability in 466 grapefruit. *Scientia Horticulturae* **2018**, *231*, 151-157.
- 467 34. Batenburg, M.; van der Velden, R., Saltiness Enhancement by Savory Aroma Compounds.
 468 Journal of Food Science 2011, 76, S280-S288.
- 469 35. Chokumnoyporn, N.; Sriwattana, S.; Phimolsiripol, Y.; Torrico, D. D.; Prinyawiwatkul, W., Soy 470 sauce odour induces and enhances saltiness perception. *International Journal of Food Science and* 471 *Technology* **2015**, *50*, 2215-2221.
- 472 36. Caporale, G.; Policastro, S.; Monteleone, E., Bitterness enhancement induced by cut grass 473 odorant (cis-3-hexen-l-ol) in a model olive oil. *Food Quality and Preference* **2004**, *15*, 219-227.
- 474

475

476

- **Table 1:** Odorant zones detected by GC/O and GC/O-AT, with the list of odour descriptors,
- 478 the detection frequency for odorants and for each associated taste. ^a: mode of identification,
- 479 MS: comparison with mass spectra database and retention index, St: mass spectra and
- retention index verified with standard injected in the same condition, refer to Barba et al., (12,
- 481 17), n.d. means not detected.
- 482
- Table 2: PLS regression to explain the taste descriptors by odour descriptors: for each odour
 descriptor the number of total occurrences and the number of odorants zones in which it has
 been described are given with the regression coefficients for each associated taste.
- 486
- Figure 1: PLS regression with 45 variables and 68 individuals, projection of the 4 taste
 descriptors (Y variables) and the 41 odour descriptors (X variables) on components 1 and 2.
- Figure 2: PLS regression with 45 variables and 68 individuals, projection of the 68 odorant
 zones (individuals) on components 1-2.
- 491 **Figure 3:** Network representation of the links between odour descriptors (circle) and taste
- 492 associated descriptors (octagon). The nature of the line varies as a function of the number of
- 493 occurrences. The size of each odour descriptor depends on the number of odorant zones in
- which it is present. The file colour of the odour descriptors varies as a function of the numberof occurrences with each taste: blue if the odour is mainly associated with sweetness, green
- for saltiness, violet for sourness, light brown for bitterness. The border colour is that of the
- 497 second associated taste, it is grey if the odour is equally associated to the three other tastes
- and dark blue if the second associated taste is equally sourness and sweetness.
- Figure 4: Allocation of odorant zones according to their odour descriptors and associated
 taste: MDS representation in a 3D space. The colour represents the occurrence of fruity (A, C)
 floral (B, D), the shape of the plots represents the associated taste (sphere for sweetness, cone
 for sourness and the size depends on the percentage of taste detection frequency in the odorant
 zone.
- Figure 5: Allocation of odorant zones according to their odour descriptors and associated
 taste: MDS representation in a 3D space. The colour represents the occurrence of fruity (A, C)
 floral (B, D), the shape of the plots represents the associated taste (diamond for saltiness, star
 for bitterness and the size depends on the percentage of taste detection frequency in the
- 508 odorant zone.
- 509
- Supplementary Figure 1: PLS regression with 67 variables and 68 individuals, projection of
 the 4 taste descriptors (Y variables) and the 63 odour descriptors (X variables) on components
 1 and 2.
- 513 **Supplementary Figure 2:** PLS regression with 67 variables and 68 individuals, projection of 514 the 68 odorant zones (individuals) on components 1-2.
- 515